The state core requirements make up 42 credit hours.
The flag requirements add an additional 21 hours.
The College of Liberal Arts adds an additional 24 hours of requirements, raising the total credit hours to 87.
10 courses in the student's major takes on another 30 hours. We are now at 117 hours and have not yet added the minor.
The minor, required of all COLA students, adds a minimum 15 hours. This gives a total of 132 semester credit hours. If a student meets 1 degree requirement with one course, then s/he will need to take 42 courses. To graduate in 8 long semesters, the student will need to complete 16-17 hours per semester.
Departments must then build course efficiencies into the COLA degree plans, enabling students to meet all of these requirements in 120 credit hours. The B.A. in Economics is one example.
The economics major integrates efficiencies by requiring courses that meet more than 1 degree requirement.

1 Course = 1-3 Degree Requirements
37 Total Courses
The required calculus course (M 408C/K) meets the math core requirement, part of the calculus requirement for the major, and earns the quantitative reasoning flag. Similarly, one of the required micro/macro economics courses will satisfy both the social and behavioral science core requirement and a major requirement.
The economics major also absorbs 3 of the COLA requirements into the required major coursework.
The second required course in the calculus sequence satisfies a major requirement and COLA's natural science requirement. Economic Statistics does the same. Lastly, the other micro/macro economics course will meet COLA's social science requirement in addition to a major requirement.
By integrating 5 efficiencies into the major’s required coursework, students can take 37 courses and still meet all of the degree requirements (Note: This counts the 6 hour foreign language course as 1 course).
After adding the minor, the degree requirements can now be met in 120 credit hours. However, this leaves no room for error in the student's course planning and no opportunity for electives.
For students who do graduate with a B.A. in Economics in four years, data shows that these students take advantage of additional efficiencies through strategic course selection.
For example, students often select a history course carrying a course-level cultural diversity flag and a VAPA course carrying a course-level global cultures flag.
Students are also identifying CEHET courses that carry the Ethics and Leadership flag.
Lastly, students are usually tying the upper-division writing flag to one of their major courses.
After tying 4 flags to courses that satisfy other degree requirements, efficient students only need 6 credit hours to meet the remaining flag requirements (Independent Inquiry and Writing).
By identifying 4 additional course efficiencies, students are now able to finish all of the degree requirements in 108 credit hours.
The remaining 12 hours provide opportunity for students to explore other interests through 4 true electives.