



Where do I go for...?

Academics		
A personalized list of academic resources	PeARL	https://utdirect.utexas.edu/apps/ugs/ugsdb/pr/
Free tutoring, academic coaches, study groups, help with study strategies	Sanger Learning Center (SLC)	JES A332 https://ugs.utexas.edu/slc/support https://utdirect.utexas.edu/apps/ugs/my/
Consultations on any public speaking presentations, including prep and rehearsal	Public Speaking Center (PSC)	JES A315 https://ugs.utexas.edu/slc/support/speaking-center
Research opportunities for students	Office of Undergraduate Research	FAC 33 https://ugs.utexas.edu/our
Check your degree statuses; info on registration, course schedules, and the academic calendar	Office of the Registrar	MAI 16 https://registrar.utexas.edu/
Explore study abroad opportunities	Texas Global	2400 Nueces St. https://global.utexas.edu/
Testing services, credit by exam course instructor surveys	UT Testing and Evaluation Services	SZB 547 https://testingservices.utexas.edu/
Help with any stage of the writing process	University Writing Center (UWC)	PCL, 1 st floor https://uwc.utexas.edu/
Conduct psychoeducational and psychological assessments	Psychological and Educational Assessment Center (PEAC)	SZB 260A http://sites.edb.utexas.edu/peac/
Help deciding on a major and career	Texas Career Engagement	SSB 4.102 https://careerengagement.utexas.edu/
Personalized guidance on how to be a better leader on campus	Leadership and Ethics Institute (LEI)	https://deanofstudents.utexas.edu/leadership/workshops.php
Wellness & Support		
If you need medical care, a prescription, immunization, or any health advice	University Health Services (UHS)	SSB, 1 st floor https://www.healthyhorns.utexas.edu/ (512) 471-4955
Someone to talk to when life is difficult	Counseling and Mental Health Center (CMHC)	SSB, 5 th floor https://cmhc.utexas.edu/ (512) 471-3515 (telehealth) (512) 471-CALL (2255) (crisis hotline)
A free iPhone/Android app for your wellbeing	Thrive App	https://www.healthyhorns.utexas.edu/thrive/index.html



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A way to de-stress midday using free meditations & activities	MindBody Lab	SSB, WCP, NUR https://cmhc.utexas.edu/mindbodylab.html https://cmhc.utexas.edu/stress-reduction.html
One of the best recreational facilities in the country; free at-home workouts led by UT Instructors	RecSports	GRG https://www.utrecsports.org/facilities/facility/gregory-gym https://www.youtube.com/user/UTRecSports
Resources for students with disabilities	Services for Students with Disabilities (SSD)	SSB 4.206 https://diversity.utexas.edu/disability/current-students/ (512) 471-6259
On-campus living and eating; reserve spaces for events	University Housing and Dining	200 W. Dean Keeton St. https://housing.utexas.edu/
Support for the needs of women and LGBTQIA+ communities	Gender and Sexuality Center (GSC)	WCP https://diversity.utexas.edu/genderandsexuality/
Confidential support for undocumented students	Monarch Student Program	https://diversity.utexas.edu/academic-equity/monarch-student-program/
Information on nutrition, smoking, managing weight, sexual health	Longhorn Wellness Center	SSB https://www.healthyhorns.utexas.edu/healthpromotion.html
Tips and tools for how to intervene when you see something wrong	Be Vocal	https://www.wellnessnetwork.utexas.edu/BeVocal/
In times of crisis, a comprehensive list of resources for safety and support	Title IX Resource Wheel	https://titleix.utexas.edu/file/146
Campus community for and with students in recovery and in hope of recovery	Center for Students in Recovery	https://recovery.utexas.edu/
Day-to-Day		
Public transportation (free for UT students)	Capital Metro Public Transportation	https://capmetro.org/ https://capmetro.org/app/ (get the app)
Parking and alternative transportation (bike, walk, etc.)	UT Parking & Transportation	Trinity Garage https://parking.utexas.edu/
After hours Lyft and walking service	SURE Walk and UT Night Rides	JES 1 st floor https://parking.utexas.edu/transportation/walking https://parking.utexas.edu/night
Biking around town	City of Austin – Bicycle Pedestrian Program	https://www.austintexas.gov/page/bicycle



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Help from a neutral third party who investigates grievances if you have a dispute at the university	Office of the Ombudsperson	SSB Basement https://ombuds.utexas.edu/student
Safety on campus	UT Police Department (UTPD)	UPB https://police.utexas.edu/
Get help with any computer problems; replace a UT ID card	Information Technology Services (ITS)	FAC 1 st floor https://it.utexas.edu/
Hardware and other media, software	Campus Computer Store	FAC 1 st floor https://campuscomputer.com/campuscomputer/
Buy books and other UT merchandise	University Co-op	2246 Guadalupe St. https://www.universitycoop.com/
Social		
Resources for new students	New Student Services (NSS)	SSB Suite 3.410 https://orientation.utexas.edu/resources
Explore UT Student Organizations and Events	Hornslink	https://utexas.campuslabs.com/engage/
Explore volunteer and academic service-learning opportunities	Longhorn Center for Community Engagement	https://diversity.utexas.edu/communityengagement/
Interact with students of all cultures	Multicultural Engagement Center (MEC)	WCP 1.102 https://diversity.utexas.edu/multiculturalengagement/
Money, Jobs, etc.		
Get help with work study, scholarships, and student loans	Office of Scholarships & Financial Aid	MAI 1 https://onestop.utexas.edu/visit/ (512) 232-6988
Find a job on or off campus	Human Resources: HireUTexas	https://hr.utexas.edu/student/finding-student-job
Limited emergency financial support, provided to currently enrolled students	Emergency Student Services: Student Emergency Fund	SSB 4.400 https://deanofstudents.utexas.edu/emergency/studentemergencyfund.php
Access to nutritious food & professional clothes for job and internship interviews, provided to current UT students	Emergency Student Services: UT Outpost	SSB 4.400 https://deanofstudents.utexas.edu/emergency/utoutpost.php
Federal and state veteran education benefits & support for current veterans on campus	Student Veteran Services	https://deanofstudents.utexas.edu/veterans/
Free legal advice for legal issues such as renting, car	Legal Services for Students	UA9, Suite 3.104 https://deanofstudents.utexas.edu/lss/



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wrecks, employment law, and traffic tickets		
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