COUPLE AND FAMILY PSYCHOLOGY POSTDOCTORAL FELLOWSHIP

PROGRAMS: The Family Institute at Northwestern University is accepting applications for our postdoctoral fellowship programs, which is one of the premiere couple and family training centers in the country. The goal of the program is to develop the next generation of leaders and innovators in couple and family psychology. The fellowships are two years in duration, and there are two available tracks, a research track and a clinical scholar track. We accept three fellows in the clinical scholar track and one fellow in the research track each year. Applicants apply to one of the two tracks. Fellowship positions start on September 1, 2018. The fellowship will prepare doctoral level clinical or counseling psychologists from APA-accredited graduate programs and internships for professional careers in academic health science centers. Educational opportunities are varied and include individual supervision, group supervision, grand rounds, clinical consultation groups, didactic seminars, and a professional development seminar. Fellows also receive funding for presenting at national conferences. At the conclusion of the fellowship, many fellows stay on to join The Family Institute at Northwestern University as full time staff and faculty members.

This fellowship endorses an integrative, scientist-practitioner orientation. Although therapy will always be a blend of science and art, our approach to therapy is based on the 21st century trend to ground practice in scientifically proven methods. To prepare our fellows for this growing trend, we teach them to be consumers of research and to know how to access and use this research with their own cases. Moreover, with the use of ipads and computers, we have developed a systemically informed, internet based system that provides therapists with real time, empirical data on how their patient system (individual, couple, or family) is progressing throughout treatment. Fellows receive specialized training and ongoing supervision in this model.

Clinical Scholar Track: The two-year general Clinical Scholar track includes advanced clinical training, education, and scholarly activities with opportunities for additional specialization in areas within child, couple, and family psychology. The ideal applicant will have a Ph.D. or Psy.D. in Clinical or Counseling Psychology as well as completed an APA approved internship. The candidate will also have an interest in children, couples, and/or families and is committed to a career that includes maintaining a clinical practice while also engaging in other professional activities such as scholarly writing, teaching, or administration. The Fellow will maintain a clinical practice including individual, couple and family modalities of therapy with clients from diverse cultural backgrounds. Hours accumulated during the fellowship can be used toward licensure. The fellow also receives weekly individual and group supervision. Although receiving excellent, advanced clinical training is at the heart of the Clinical fellowship, each fellow is able to customize their fellowship with opportunities to publish, present at conferences, receive mentorship on writing reviews for academic journals, teach, provide clinical supervision to our Masters students in Marriage and Family Therapy and Counseling Psychology, engage in research, and receive mentorship in leadership and administration. Fellows are not required to engage
in all of those activities, but rather are mentored on selecting activities consistent with their professional goals.

**Clinical Research Track:** The Fellow will be part of the research program at the Center for Applied Psychological and Family Studies. The fellow will work closely with Dr. Erika Lawrence, Director of Translational Science at the Center. Research is conducted at all stages of the NIH-Based stage model (theory and manual development, efficacy and effectiveness trials, as well as nationwide dissemination and implementation of existing interventions). The postdoctoral fellow will have the opportunity to work on two lines of research: (1) conducting an RCT to evaluate the effectiveness of and elucidate the mechanisms of change in a group intervention targeting perpetrators of intimate partner violence, including the indirect benefits for victims still living with perpetrators; and (2) Implementing and assessing the effectiveness of a novel couple intervention in which treatment components are matched to couples based on an assessment of their specific skill deficits (conflict, support, intimacy). Fellows are encouraged to incorporate their own research interests and questions into existing and proposed research during their fellowship. The postdoctoral fellow’s work will include grant writing, data analyses, and manuscript publication, as well as some time spent conducting clinical assessments, interventions and supervision. Emphasis is placed on enhancing the post-doctoral fellow’s skills in becoming an intervention scientist and in grant-writing and publications. The Fellow will maintain a small clinical practice including individual, couple and family modalities of therapy with clients from diverse cultural backgrounds. Hours accumulated during the fellowship can be used toward licensure. The fellow also receives weekly individual and group supervision.

**Application process and stipend:** Applications are due on January 5, 2018 and interviews for selected candidates are held in early February. The fellow’s stipend for both fellowships is $47,476 plus benefits, which include access to Northwestern University’s library system, health insurance, and reimbursement for presenting at conferences. For additional information about the application process both fellowships, please visit our website at: https://www.family-institute.org/academics-alumni/postgrad-fellowships. If you have any questions about either fellowship, please contact Danielle Black, Director of the Postdoctoral Fellowship Program. Dr. Danielle Black can be reached at dblack@family-institute.org.