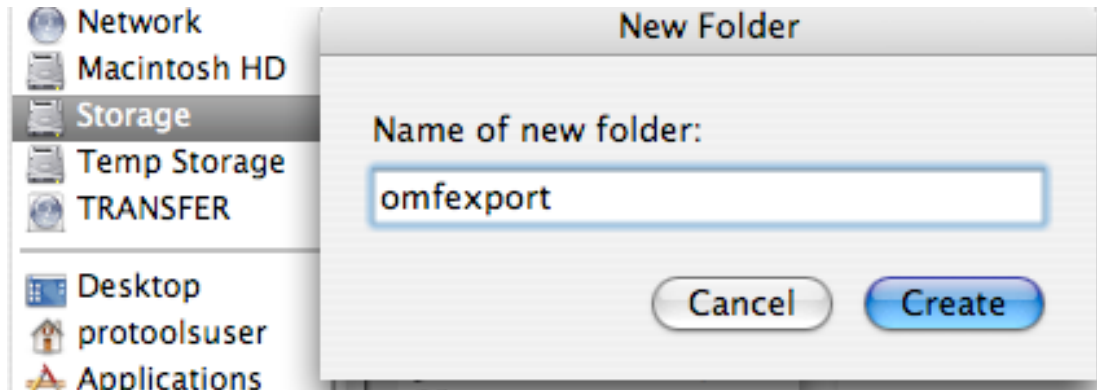- Select all the tracks in the ProTools session to export.

- Choose File>Export>Selected Tracks as New AAF/OMF
- Choose Export as: OMF
- Enforce Avid compatibility
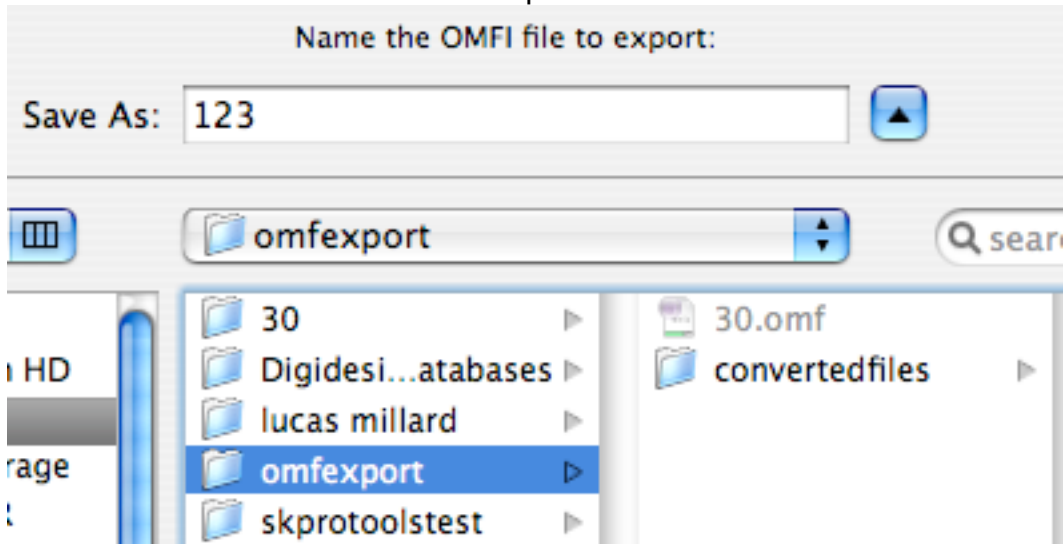- Choose BWF (.WAV) Bit depth 16 or 24 depending on session
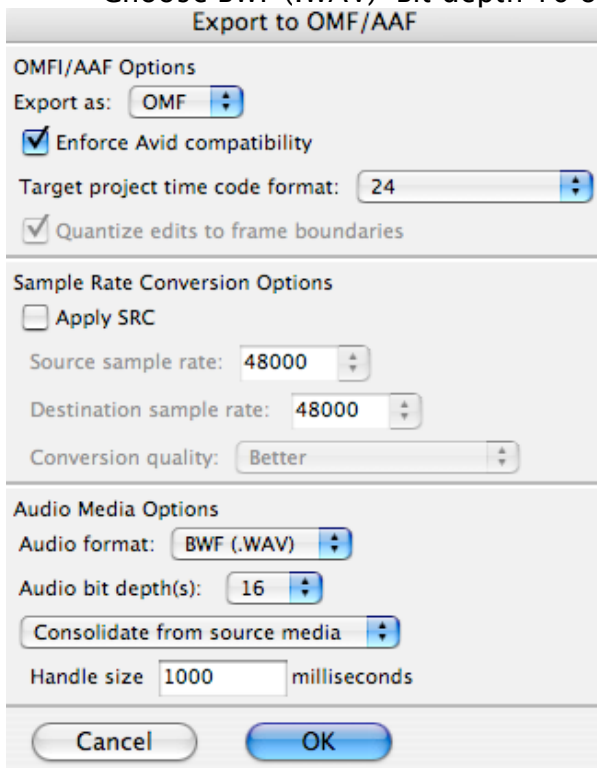
- Name the session sequence

Publishing Options

OMFI/AAF Options
Comments:
Sequence Name: 123

Cancel   OK
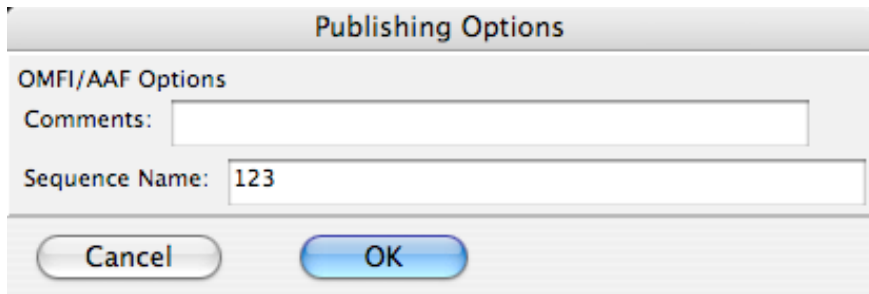
- Make a new folder on the storage drive to hold the files and name it

Network
Macintosh HD
Storage
Temp Storage
TRANSFER

Desktop
protoolsuser
Applications

New Folder

Name of new folder:

omfexport

Cancel   Create

- Now name the OMFI file to export

Name the OMFI file to export:

Save As: 123

omfexport

30
Digidesi...atabases
lucas millard
omfexport
skprotoolstest

30.omf
convertedfiles

- Choose a folder to save the converted files. Make a new folder and name it converted files and then choose it as the destination for the converted files that are contained in the .omf
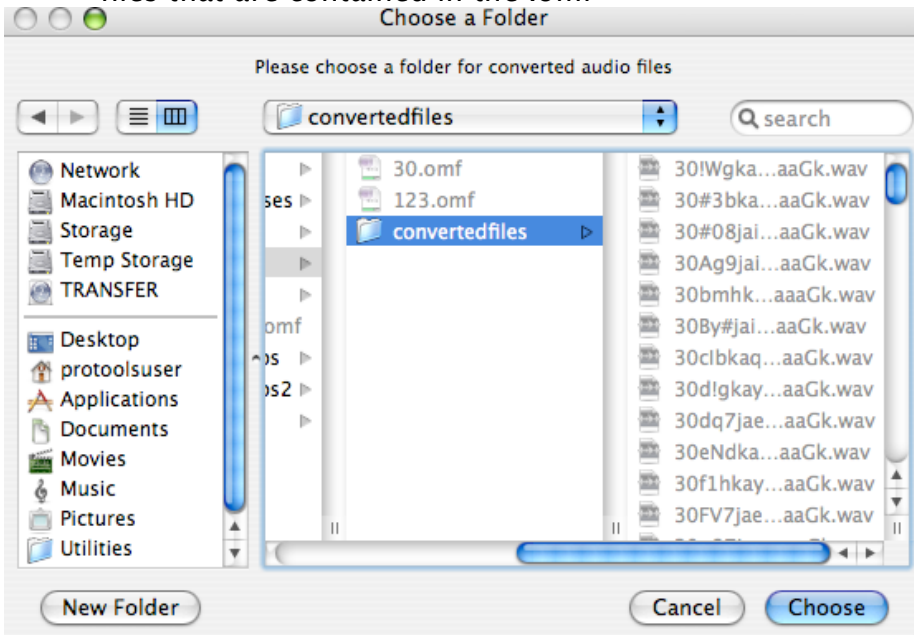

- After the export there will be 2 things that will be needed to import into AVID.
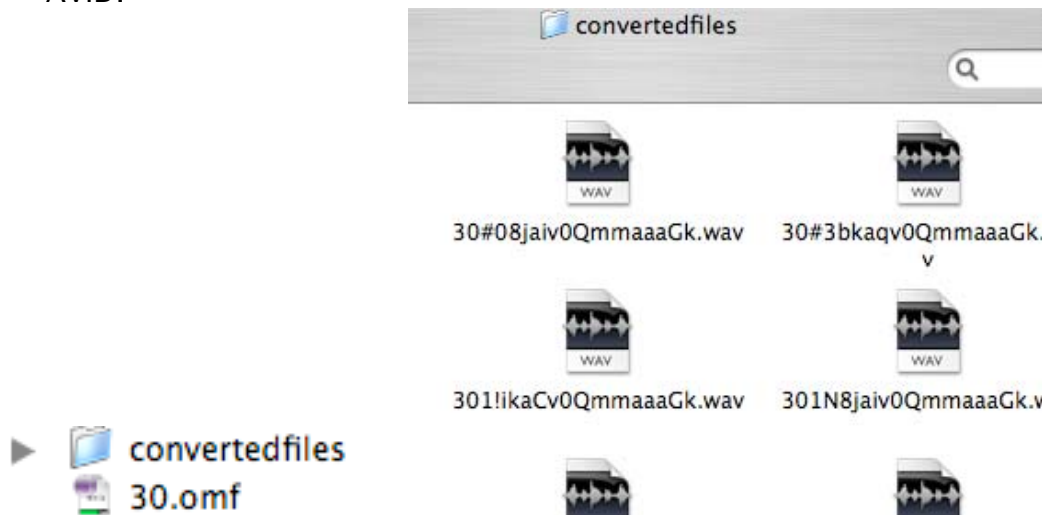
- Shown here the export created the .omf file plus a folder of files that we named convertedfiles containing .wav files. These items will be the two things that will be needed for the import into the AVID system.

- To import into AVID transport this files to the AVID station. Launch the AVID project and make a new bin to import the files.

- Go to File > Import > choose .omf . Navigate to the .omf file and choose it for import. AVID will make an OMF2 SMOB Composition.

- Next take all the .wav files saved in the converted files folder
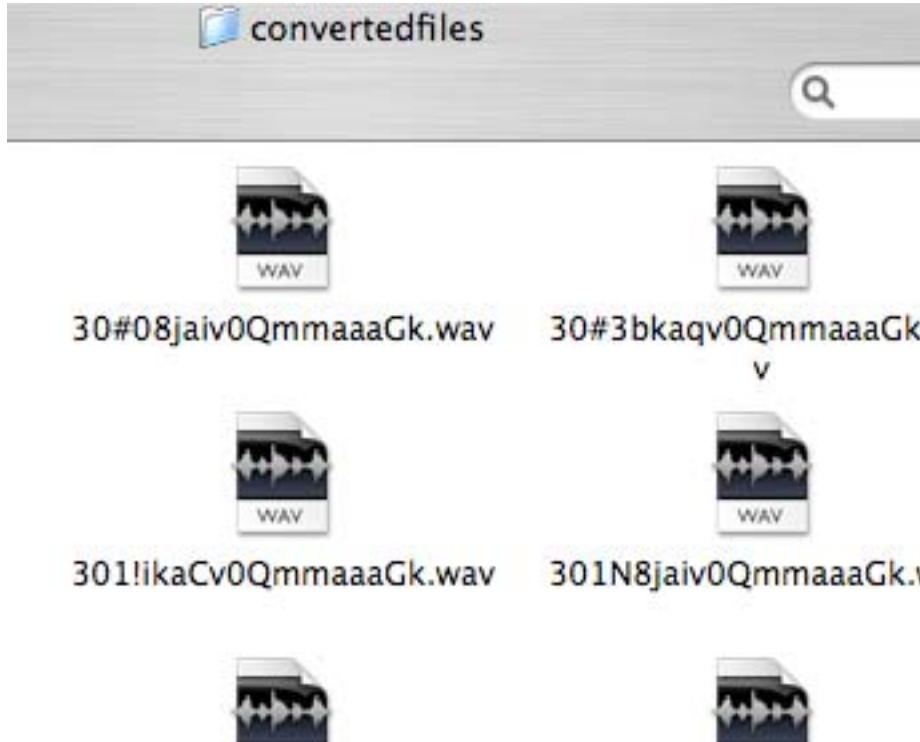
and select them all and copy them into the storage drives OMFI MediaFiles folder.

- The AVID databases will be updated by AVID because new files were added