

Supporting Patients with Mental Health Resources

Identified Need	Suggested Resource
Patient with medical emergency and/or is an immediate threat to themselves or others	Call 911 or go to nearest emergency room
Patient in crisis that can benefit from direct support face-to-face including medications and referrals to other services	Psychiatric Emergency Services (walk-in clinic for mental health urgent care) Richard E. Hopkins Behavioral Health Building 1165 Airport Blvd. Austin, TX 78702 <ul style="list-style-type: none">Monday-Friday 8am-10pmSaturday/Sunday/Holidays 10am-8pmCapital Metro Bus Routes 350, 485 or 2
Patient in crisis but <u>not</u> an immediate threat to themselves or others that can benefit from linkages with community-based resources including therapy, psychiatry, support groups or other resources	Call Integral Care's 24/7 crisis helpline at 512.472.HELP (4357) <ul style="list-style-type: none">Press 1 for English, then 1 for mental health crisis supportPress 2 for Spanish