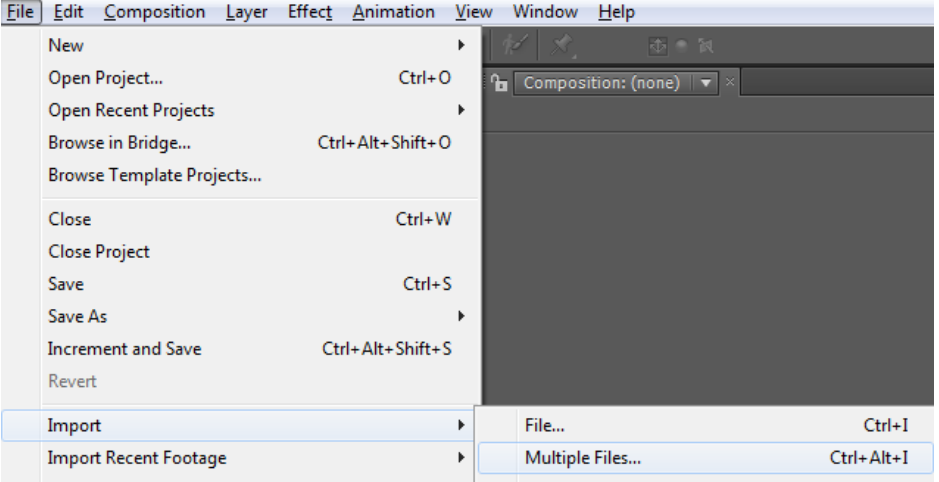
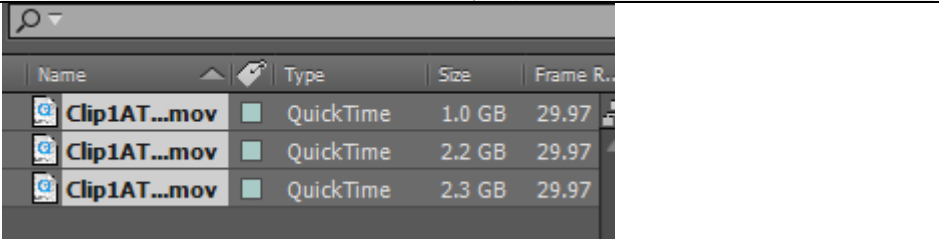
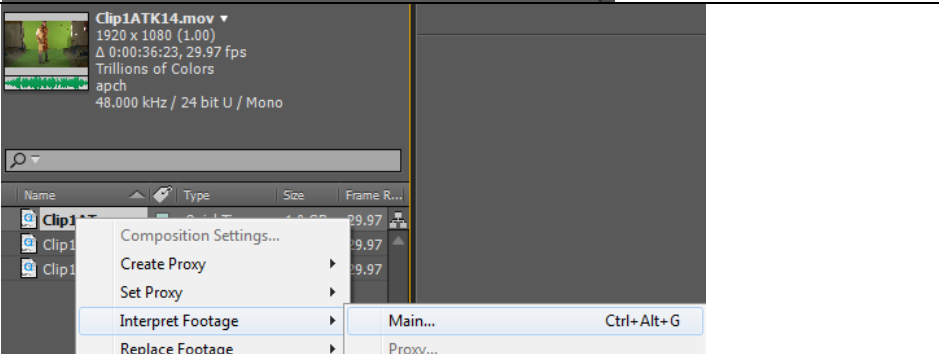
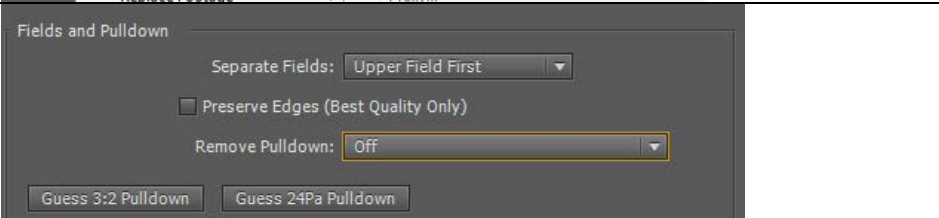
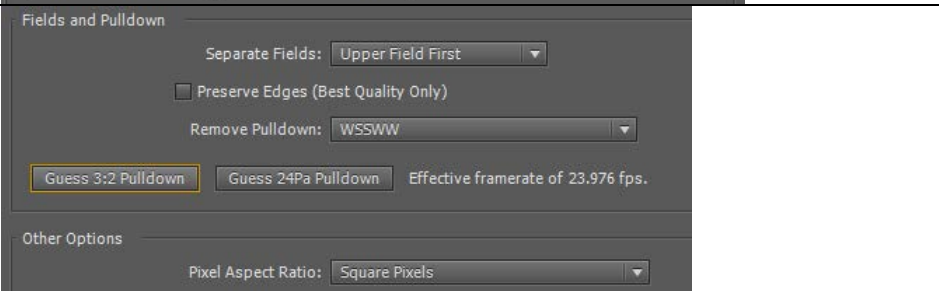

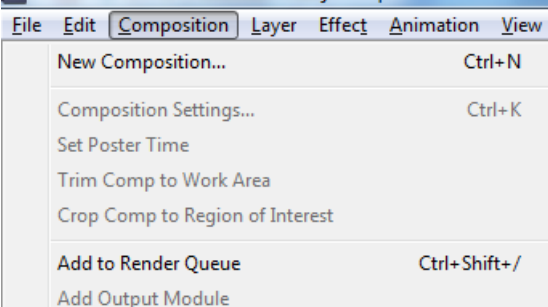
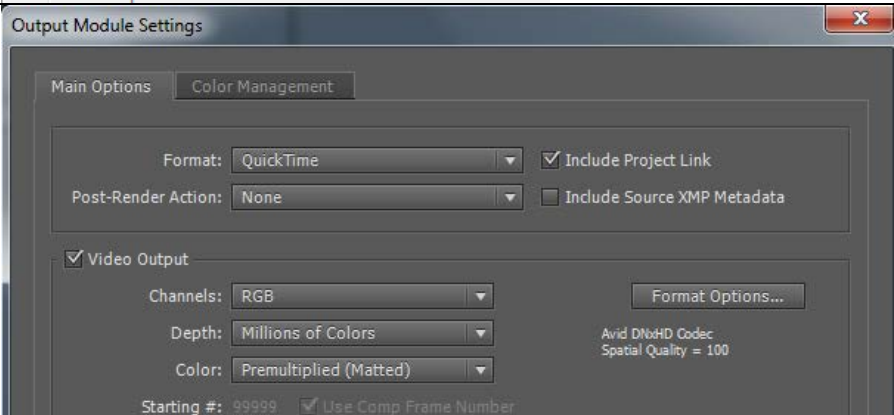


<p>Import footage into After Effect Project</p>	
<p>Select all the clips that were just imported</p>	
<p>Select one of the clips and right click it and select &gt;Interpret Footage&gt;Main</p>	
<p>Change the Separate Fileds to Upper Field First and then click on Guess 3:2 Pulldown</p>	
	
<p>Click OK to apply the 3:2 pulldown</p>	

<p>Select all clips and add to Render Queue</p>	
<p>Set the output module to Quicktime AVID DNXHD 23.976 175 8bit</p>	
<p>Click Render to start the render</p>	