Incorporate these resources into your discussion section to help students spend time on the things they really care about.

- How to be Strategic With Your Time
- How to Get Stuff Done
- How to Reclaim Time Lost to “Time Black Holes”
- How to Set Priorities
- Ready, Set, Goals!
- How to Set SMART Goals
- Identifying Your Procrastination Type
- 5 Habits of Highly Effective Students
- Weekly Schedule Template
- Monthly Calendar Template
- Qualitate Your To-Do List