
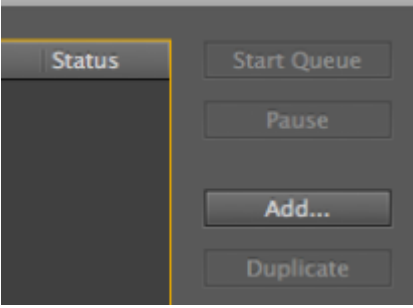
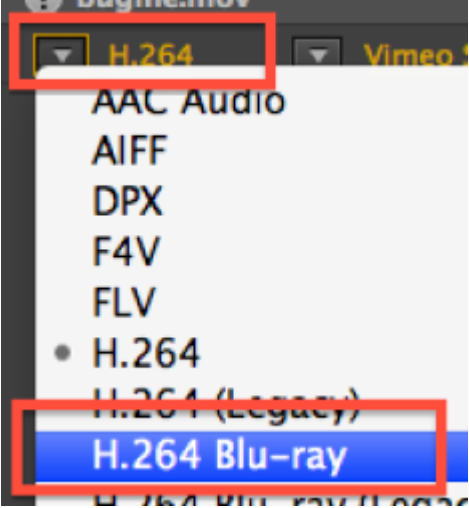
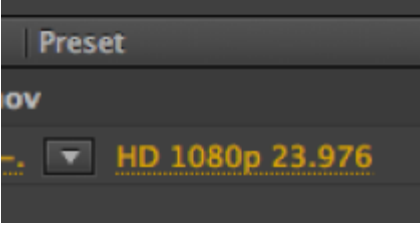
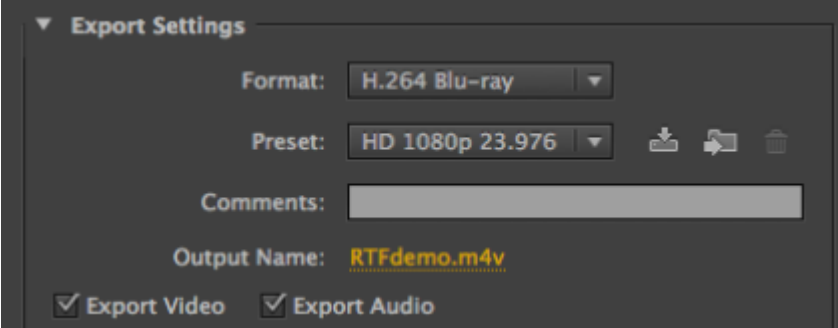
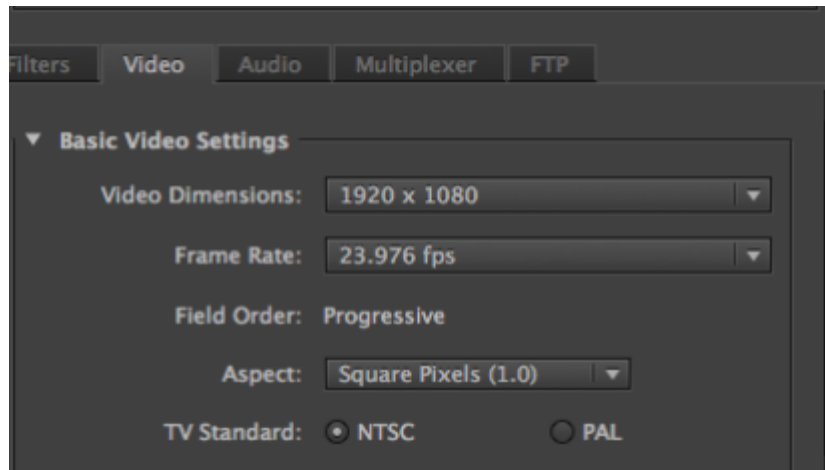


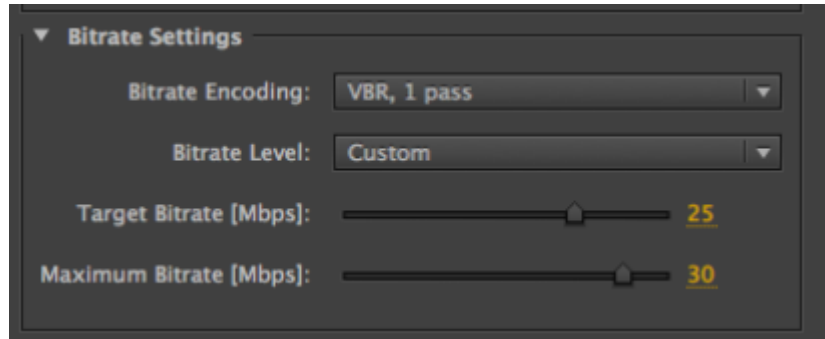
Adobe Media Encoder - Creating a H264 file for Blu Ray

<p>Launch Adobe Media Encoder</p>	
<p>Import the file to compress to Blu-ray Go to >File>Add</p>	
<p>Click on (Yellow Settings) Choose the Export Settings and choose H.264 Blu-ray</p>	
<p>Preset Set to HD 1080P 23.976</p> <p>Click on the "Yellow" text to check the presets. You can leave most of them the same.</p>	
<p>Choose to Export Video and Export Audio</p> <p>Choose the Output Name – If you want to change it click on the "Yellow" text</p>	

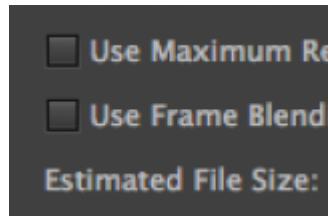
Click on the Video Tab
Use the default settings shown here



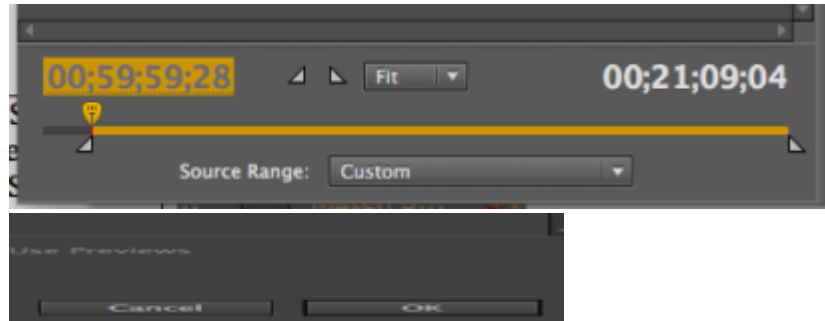
Bitrate settings use the default settings shown here.
If you have a longer program like 90 minutes or so may need to adjust the target bitrate lower so it all fits on the disk



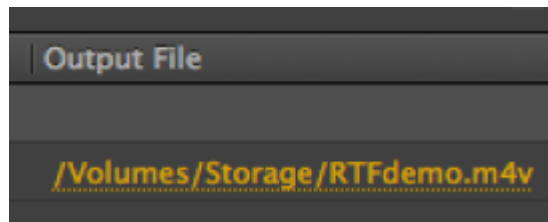
You can see Estimated File in the lower left of the Export Settings dialog box



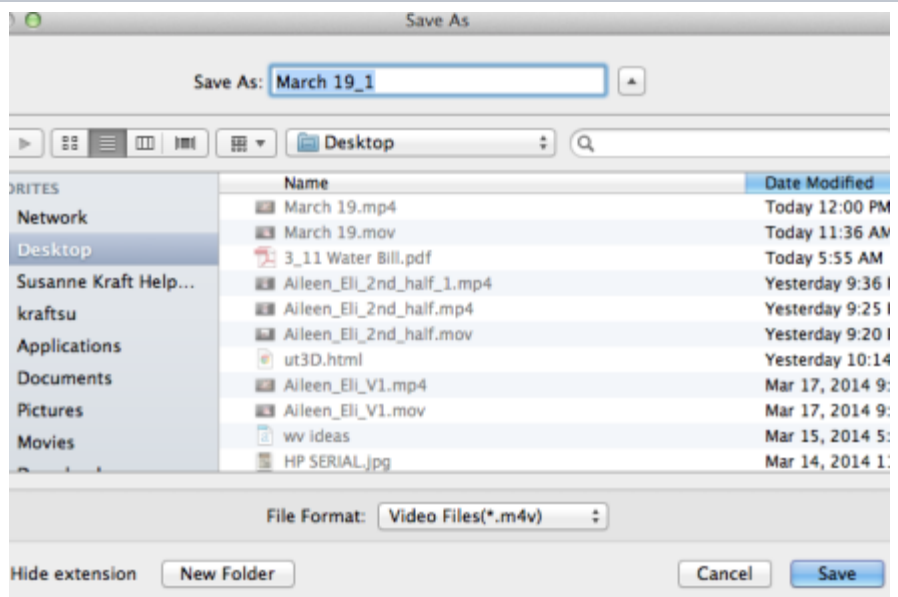
Can also choose the inpoint and outpoint of the file to compress when >Source Range > Custom is selected
Click OK to apply



Choose Output File and navigate to where to save the .m4v file



Choose the destination for the saved file and click "Save"



Click the Green triangle when ready to start the encode.

