Make sure the Thunderbolt 3 adapter is connected to the iMac and to the thunderbolt cable from the computer to the Blackmagic Ultra Studio 4K Input and Output box.

Turn on the OLED LG or the Panasonic Plasma using the Remote – Make sure it TV is set to HDMI it should be already!!
Plug your headphones into the PHONES output on the ROLLS Amp.

Make sure amp is powered on.

Go to >Apple>System Preferences

>Sound
Select Output Tab > Blackmagic Audio

Select the application that you want to run and launch it.

Adobe Premiere Pro CC

*AVID* Audio will be routed out the headphones and Video will be on the monitor automatically.
Premiere - You have to set the preferences to get it to work

Choose "Premiere Pro CC > Preferences > Playback..."

Choose Blackmagic Playback

Click OK

Choose "Premiere Pro CC > Preferences > Audio Hardware..."

Make sure your Preferences look like this
If you get this error click Yes

Click OK

Don't forget to pan
channel 1 LEFT
&
channel 2 RIGHT
and don't use any other tracks

USE ONLY TRACK MIXER
not CLIP MIXER