Unplug the thunderbolt cable to Black Magic Design Intensity Pro

RESTART THE COMPUTER

Plug in the thunderbolt cable

Blackmagic Intensity Pro is connected via the Thunderbolt cable to the computer.
Use the TV Remote:

Turn on the OLED Monitor and make sure you select the HDMI 4 input.

Go to >Apple>System Prefs

System Prefs>Sound>Output>Make sure it is set to Headphones.
System Prefs>Blackmagic Desktop Video and click on it

Make sure you see the Intensity Extreme

Launch ProTools
When ProTools opens click "Cancel" on the Quick Start Dialog. We do not want to open a session yet.

Need to set up the routing and Playback Engine first.

Go To Setup > Playback Engine

On the Playback Engine Drop Down choose Builtin Output

Click OK
Now go to Input and Output setup
Go to >Setup>I/O

Click "Default" on the I/O setup

Then Click OK

Now that the routing and hardware is set up open the ProTools session if you have one created already or make a new session.
Navigate to the session and open it

Next Import the video into the project
Choose Import Video

Navigate to the video file that you want to view in the ProTools session
Choose to import at Session Start

Choose to enable the Video Engine
Click Yes here

If you would like to use the audio off the video file choose to save it to the default Audio Drive folder
Last step is to open up the Input and Output view in ProTools
Go to > View> Edit Window Views> I/O >

Choose the format 1080 or 720 23.98fps

Choose the Playback Quality - Note if there is stuttering choose Draft but Full should work

Make sure all the audio outputs are routed to the Built In Output 1-2 Stereo

Then you should see image on the TV and hear audio on your headphones.

If you do not see image on the Monitors redo the entire rebooting process again and make sure you unplug the thunderbolt cable and power cycle the Black Magic Intensity. It should fix it.