Instructions for importing 23.976 footage shot on either the Canon 5D or 7D into AVID

Open AVID and select New Project in the Project Selection Window

Choose a 1080p/23.976 formatted project with the Raster Dimensions of 1920 x 1080

Click OK
- EXraw files that were backed up in their native file structure.
  Open the Source Browser
  Go to > Tools > Source Browser
Choose Link in the lower left corner.

Navigate to the Card Data in the "Exp lore" tab and select "DCIM".
Make sure the correct "Target Bin" is selected and click on Link.

All the files will load in a bin in the AVID project.

This icon shows the clips are linked.
Select Transcode

Choose Video, audio and data on same drive

Select your hard drive. Note the drive with the most available space is in "Bold" type

Choose the Target Video Resolution as DNxHD 175 MXF

Select PCM (MXF) as the Target Audio Format

Then Click “Transcode”

The files will begin transcoding. Remember you can click on "Command and Period" to stop the transcoding

This is an example of a “native” AVID master clip and an “AMA” Linked master clip

You want to use the “native” AVID master clip to edit with not The AMA clip
Now make a new bin in the AVID project window name it "Transcoded Clips" and drag the "native" AVID Master Clips with the extension .new01 files to that bin.

Transcoded 7D and 5D clips in the new bin they are now ready to use by AVID as a regular file.

Change the clip names, sub clip and edit sequences using normal AVID workflow.

Do this for all EOS Digital files created for the project.

NOTE: Make sure to back up the EOS card data because if AVID files get corrupted and or hard drive malfunctions then the media can be batch imported as long as the card data is backed up as an exact replica of what was on the SDHC card.