AVID - Add Source Timecode Burn In to Sequence

To add timecode burn in on your AVID timeline so that the clips source timecode is displayed on the sequence edit the clips into the timeline

Add a New Video Track

Go to the Effect Tab > Select Generator> Timecode Burn-In

Drag the effect on to the V2 Filler Track

Go into Effect Editor to change the effect settings
Choose Source Timecode to show the clips timecode in the sequence.

To make the font bigger increase font size.

Can also change the color and opacity of the background.