AVID - Slow Motion Timewarp Effect using AVID - Motion Effect for Slow Motion

The workflow explained here is for a clip shot at 23.98 Frame Rate that is used in a 23.98 timeline and we want to slow it down to ½ speed.

Project Format in AVID is 23.976

Edit the clip into the timeline that you want to slow down

Place the timeline indicator on the clip
Go to the Project Window and scroll down to the Timewarp effect. Drag it onto the Clip in the Video Track.
Put the position indicator on the track with the timewarp effect on it and choose >Tools>Motion Effect Editor

Click on the Speed Graph
You can ra

Adjust the Bar higher or lower to adjust the speed of the clip

Duration of the clip will not change even if you are slowing down the clip so if your shot to show a certain part you can use the trim tools
Next pick the Render Type

Choose Interpolated Field

All the way up to FluidMotion that is the best but it'll take longer to render and won't play in real time till you render it.

Then Render it

The workflow explained here is for a clip shot at 59.94 Frame Rate that is used in a 23.98 timeline and we want to slow it down to ½ speed

Project Format in AVID is 23.976
The Clips to be slowed down are 59.94 frame rate

Edit the clip into the timeline that you want to slow down

Place the timeline indicator on the clip
Then choose
Go to Tools>Motion Effect Editor

Click on Promote
You must pick the source and the output type.

We have an Interlaced source and Output type is Progressive.

Change the speed to 100%
50% or less?

Slow it down to what you want.

Duration of the clip will not change even if you are slowing down the clip so if your shot to show a certain part you can use the trim tools.
Next pick the Render Type

Choose Interpolated Field

All the way up to FluidMotion that is the best but it'll take longer to render and won't play in real time till you render it.

Then Render it