

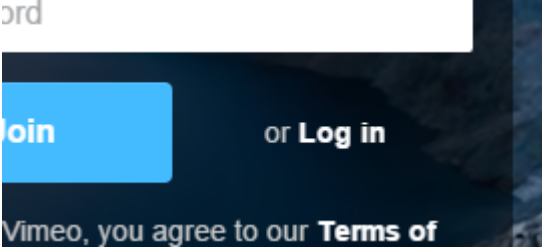
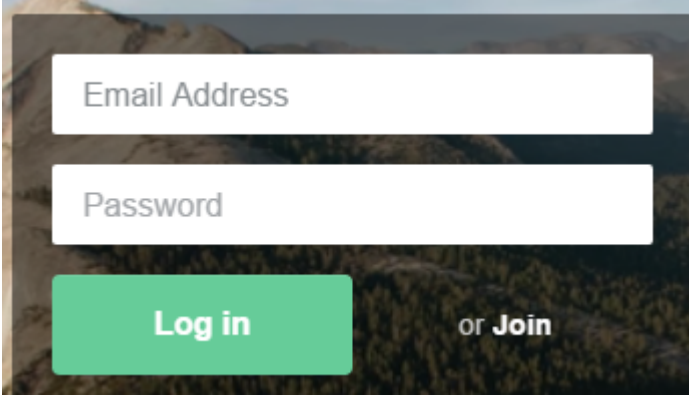
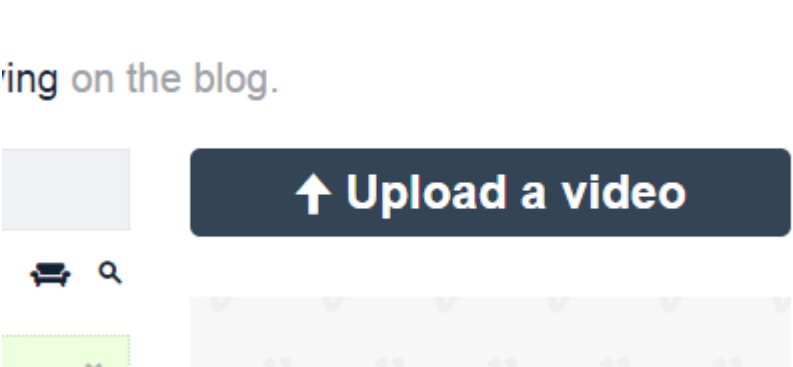


# Compress and upload a ProRes file to Vimeo

## Upload a video to Vimeo

<p>Open a web browser such as Firefox, Safari, or Internet Explorer on a PC.</p>	
<p>Type in the address 'vimeo.com'</p>	
<p>Select 'Login' or Join if you do not have an account</p>	
<p>Type in the account name &amp; password.</p>	
<p>Select 'Upload a Video'</p>	

Select 'Choose file to Upload.'



**Choose files to upload**

or drag and drop them here.

**Privacy**

Anyone can see this video

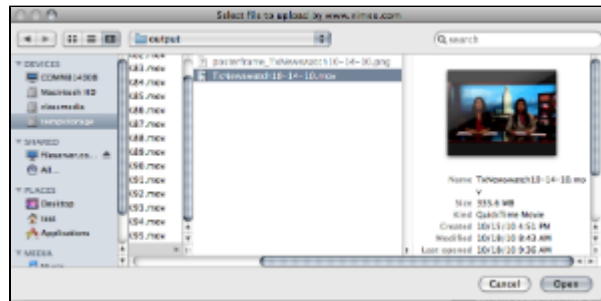


Navigate to the output of your video.

If the output is from a PC H.264 converter, it can be found under Library > Videos. Select the Windows menu in the lower left hand corner, and select your user name. On the Left hand side of the window, look for 'Libraries > Videos.'

If your output was from Compressor, your video is where you assigned it.

Select the video and click 'Open'.



Vimeo will display the progress of the video upload.



**Title**

041B

Preview not available

**Descr**



041B.2 TK 01 CU JA comparing tuna / 48MB of 67MB / 00:02

**Privac**

Anyo

While the video is uploading, fill out the Title, Description, and Tags information.

### Title

Test File

### Description

This is for my 318 class

### Privacy

Anyone can see this video

### Language

Select

**Save**

**Edit settings**

Select 'Save changes'

✓ **Save changes**

Select 'Go to video'

◀ **Go to video**

Vimeo may take a while to process your video on their servers.

## Converting

This video is being converted right now.

Select 'Go to Video' to review your video.

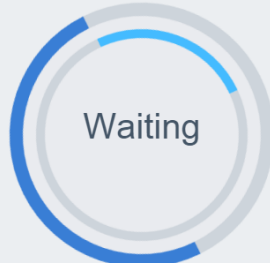
**Upload complete! Go to video.**

041B.2 TK 01 CU JA comparing tuna / 67MB of 67MB

You will see this page and you'll have to wait till this video is uploaded.

Email will be sent when video is finished.

If you have a pro account you will not have to wait.



### Waiting in line

Your video will begin converting in approximately **00:20:15**. If you have other things to do besides stare at this screen, you can leave this page and we'll email you when your video is ready to watch.

Dying to skip this line? [Upgrade now](#).