Example Student Schedules

The schedules of Dell Medical Students vary an unbelievable amount. Depending on what block you are in during the MS1 year, what rotation you are on during the MS2 year, what project or dual degree you are doing during your MS3 year, or what specialty you are applying for during your MS4 year, your schedule may be wildly different from even your classmates’ schedules. However, we have asked a few of our students to give a sample of what a week in their life might look like. Below are those schedules!

MS1 — Schedule of a Mother

Monday:
Study before class (7:00-8:00 a.m.)
Go to class (8:00-12:00 p.m.) and get PILLARS cases
Try to get 1/2 of the Wed PILLARS case complete in the afternoon
Studying before class allows me to spend time with my family from ~5-7:30 p.m.
Study from 7:30-9:30 p.m.

Tuesday:
Finish Wed PILLARS in the a.m.
Go to DOCS from 1:30-3:30 p.m.
Study from 7:30-9:30 p.m.

Wednesday:
Study before class (7:00-8:00 a.m.)
Afternoon: work on Friday’s PILLARS case
Studying before class allows me to spend time with my family from ~5-7:30 p.m.
Study from 7:30-9:30 p.m.

Thursday:
Complete Friday PILLARS case and any pre-work for Friday

Friday:
Study before class (7:00-8:00 a.m.)
Class until noon
If no IPE, then study and complete Weekly Comp Check by 5:00 p.m.
After 5:00 p.m. is family time

Weekend:
(Saturday) Do all pre-work/pre-work quizzes for the week (~8 hrs)
(1/2 Sat/Sunday) Take a full 24 hours off to spend with family and relax

MS1 — Schedule of an Unmarried Recent College Grad

Note from the student: My schedule is much more flexible than a lot of other student’s schedules. I may go somewhere besides school to study, and I usually have meetings scattered somewhere during the open study time. Also, I don’t want to give the impression that I only study — I certainly have a life outside of school. Just an idea of a typical week.

Monday:
Go for a run (6:30)
Class (8:00 – 12:00) Lunch in Society Lounge
Study, usually finish first PILLARS case (12:00 – 8:00)
Go home to do meal prep/cleaning

Tuesday (my personal open day):
Go to the gym (8:00)
Do pre-work for Wednesday at school (9:00 -12:00)
Lunch in Society Lounge
Continue studying/doing prework (1:00 – 8:00)

Wednesday:
Go for a run (6:30)
Class (8:00 – 12:00) Lunch in Society Lounge
During MN and S&F, Lab (1:00 – 5:00)
Study, usually finish second PILLARS case (5:00 – 8:00)
Go home, do meal prep/cleaning

Thursday:
Go to the gym (8:00)
Do pre-work for Friday at school (9:00-12:00)
Lunch in Society Lounge
DOCS session (1:30-3:30)
Continue studying/doing prework (3:30 – 8:00)
Friday:
Go for a run (6:30)
Class (8:00 – 12:00)
Lunch in Society Lounge
Take Weekly Competency Check (then celebrate or mourn the week)
Once every 3 weeks, go to IPE (2:00 – 5:00)
Study answers from competency check (5:00 – 7:30 or so) — available right after finishing
Go home to relax before hopefully going to a bar

Saturday:
Go to the gym around 8 or 9
Go to school to review previous week from 9:30 – 3:00 or so
Go home and watch a movie or something

Sunday:
Go for a run around 8
Go to school to do Monday’s prework from 9:30-1:30
Go to CD Doyle (not every week, but I go often) (1:30-5:00)
Go back to school and catch up on studying
Go home, eat dinner, sleep

**MS2 — Schedule too Difficult to Predict**
Seriously, whatever we put would probably mislead you. Plan on being busy!

**MS3 — Clinical/Translational Research Track**

**MS3 — Community/Population Health Project**

**MS3 — Design Institute of Health**

**MS3 — Masters of Biomedical Engineering**

**MS3 — Masters of Business Administration**

**MS3 — Masters of Educational Psychology**

**MS3 — Masters of Public Health**