AVID - Macintosh and Windows - Media Composer 2020 -How to export a H264 QuickTime

Note the Format of the AVID Project so you choose the correct export settings see link to the left.	AVID - How to Check the Format of Your AVID Project
To start Export >RT click the timeline>Choo se Output>Export to File	Image: Source Settings Input Input Image: Source Settings Output Image: Source Settings Image: Source Settings Image: Source Settings Output Image: Source Settings Image: Source Settings Image: Source Settings Output Image: Source Settings Image: Source Settings Image: Source Settings Image: Source Settings Image: Source Settings Image: Source Settings Image: Source Settings Image: Source Settings Image: Source Settings Image: Source Settings Image: Source Settings Get Info Image: Source Settings Image: Source Settings Image: Source Settings Sequence Report Sequence Report Image: Source Settings Image: Source Settings
The next window that opens choose Options (Mac)	Export setting Untitled Options
(Windows) choose Options	• Export Setting: Untitled

Choose MOV	
	Export Settings - Untitled
	Evenent Act
	Export As: AAF VUse Selected Tracks
	AAF Include Inactive Audio Tracks
	Pro - HDV Enable Mask Margins
	Audio
	Include All Vi, Graphic nce
	✓ Include Audic SCC All Tracks ▼
	Video / Data Deta TTML
	Export Method Avid Log Exchange School Tab Delimited
	AS-11
	DPX
	IMF
	Render V MXF OP1a
	Mixdown
	Transcon MOV
Uncheck use Marks and Selected tracks to make sure	UME File Export USe Marks
the entire	Export As: MOV Use Selected Tracks
timeline gets exported.	Include Inactive Audio Tracks
	✓ Video
But if you don't want certain tracks or only a portion of	Source raster Project raster 1920x1080
the timeline you can put in and out points on the timeline and choose	
Use Marks and Use Selected Tracks	

Image Size should be whatever your project format is This is what you figured out at the beginning of this wiki AVID - How to Check the Format of Your AVID Project If you had a NTSC project choose 720 x 486 for example	Er Crop Image Preset Image size Preset Image size PAL 720x NTSC 720 HD 12800 Aspect Ratio HD 960x HD 12800 HD 1	x486 7720 720 1080 11080
Note Vimeo / YouTube uploads use 1920 x 1080 HD settings Even if you had a 2K or 4K project use the HD 1920 x 1080	Image Preset Image size Aspect Ratio Pixel Aspect Ratio Source Scaling Compression	HD 1920x1080 Custom PAL 720x576 NTSC 720x486 HD 1280x720 HD 960x720 HD 1920x1080 HD 1440x1080 HD 1280x1080 HD 1080x1020 9:16 Vertical HD 1080x1080 1:1 Square
Note NTSC non HD Projects you should also choose 4: 3 as the aspect ratio	Display Raster Aspect Ratio Pixel Aspect Ratio Source Scaling	16:9 Custom 16:9

Color Space Choose Rec. 709 Keep as Legal Range	Color Space Project: Rec.709 Output Color Space: Video Levels: Keep as Legal Range Scale from Legal to Full Range
Choose H. 264 as your codec unless you have a NTSC project (720 x 486) then keep reading	Compression Codec Family AVC Intra AVC Long GOP AvC Long GOP Color Depth NxHD DNxHR H.264 MJPEG Format PCM
Note NTSC non HD projects you have to choose MJPEG	Compression Codec Family: MJPEG Compression: MJPEG Best Quality Color Depth: 8 bit
Choose MJPEG if you want to be able to play on all computers Choose MJPEG Best Quality	

Scroll down the window and you will see the audio settings	Audio
Make sure	
Audio is checked and	Sampling Rate: 48000 Hz
choose	Bits per Sample: 24
Format DOM	
Format - PCM	Save As Cancel Save
Sampling Rate 48 Hz	
Bits per Sample 24	i = - = in praftai
Choose Stereo	
Click on Save	
(Mac) Choose a place to	Export As
save the file and Name it	Save As: My Final Timeline
	Tags: ✓ > Ⅲ ✓ ☐ tempstorage
Then Click Save	✓ Image Favorites ✓ Clipsssss TEST TEST TEST Obsktop Documents Obswnloads Locations Image: Imag
	Export setting Untitled
	Options
	New Folder Cancel Save
(Windows)	● Export As ×
Choose a place to save	Save in: 🔜 SK_Storage (D:) 💽 🔶 🔁 📸
the file and Name it	Name Date modified
	Export Test 002 9/16/2020 10:26 AM
Then Click Save	Image: Export Test 001 9/16/2020 10:02 AM Image: Final Cut March 12th Matt Bowlin 5/26/2020 8:40 AM
	Final Cut March 12th Matt Bowlin 5/26/2020 8:35 AM Spring2020VirtualCommencment_V4 5/22/2020 8:32 AM
	■ Fleabag 2x06I Love You Ending Scene (5/11/2020 7:40 AM
	Reshar 2v16 - 11 ove Vou - Ending Scene (5/11/2020 7·40 AM >
	File name: My Project.mov Save
	Cancel
	Export Setting: Untitled Options

