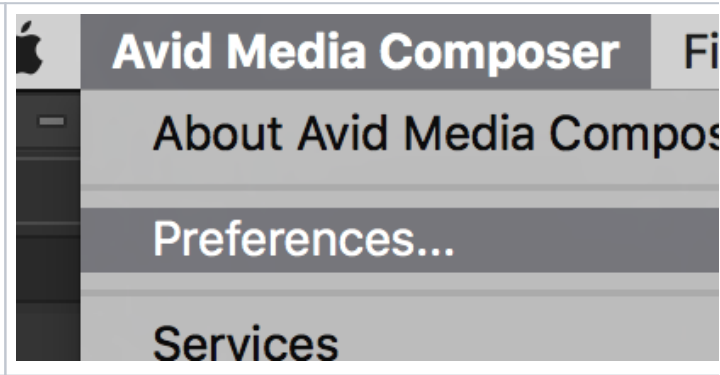
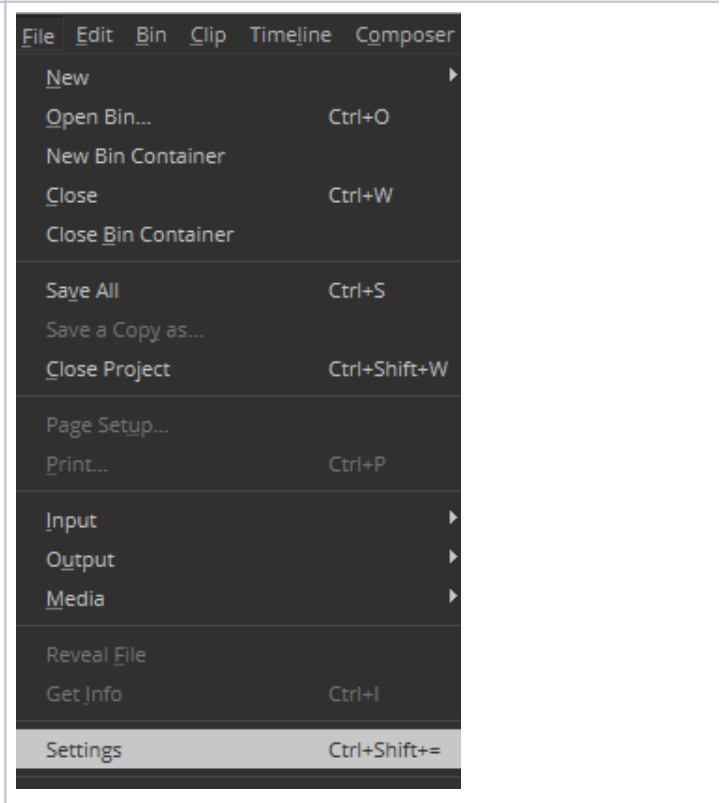
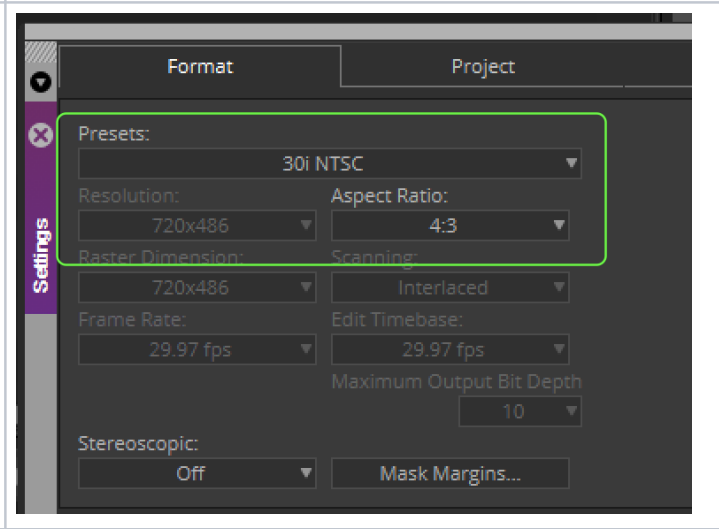
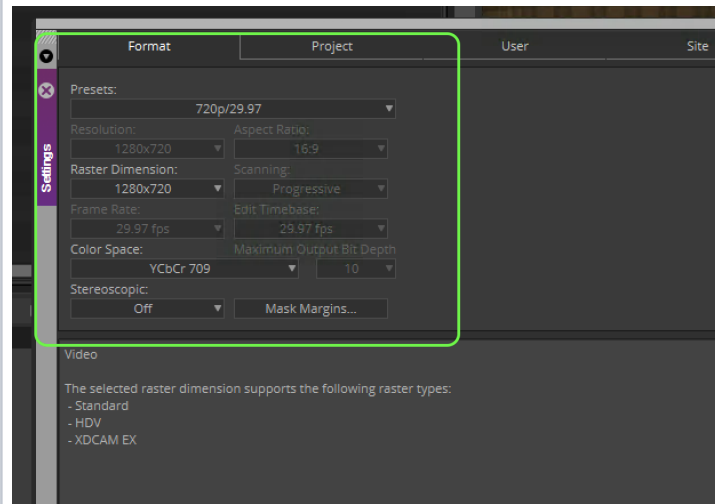


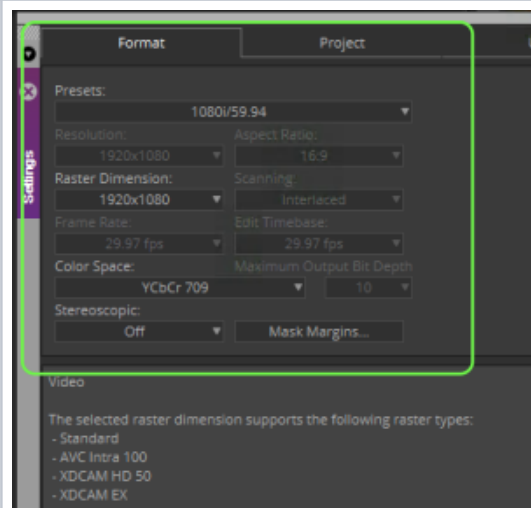
# AVID - How to Check the Format of Your AVID Project

<p>First step is to note the format your AVID project</p> <p>Go to &gt;Avid Media Composer&gt;Preferences (Mac)</p>	
<p>Go to &gt;File &gt;Settings Windows</p>	
<p>Note here 30i NTSC Aspect Ratio 4:3 or 16:9</p>	

720 29.97 or 23.98

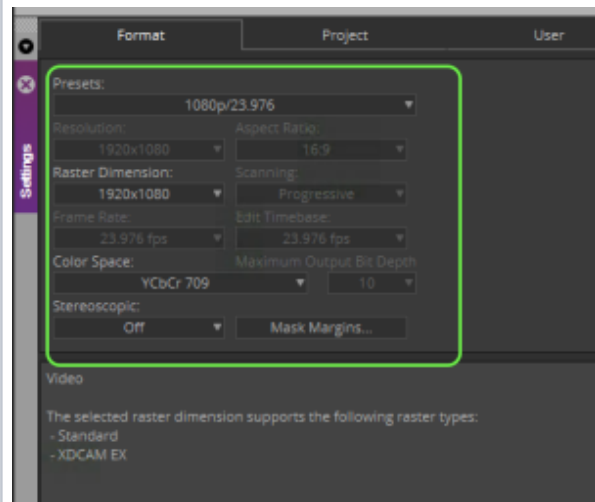


1080 59.94 or 23.98



1080 23.98 or 59.94

Note what format your project is you will need to know this later in this wiki



Project could also be 4K or 2K just know what your project format is.

