

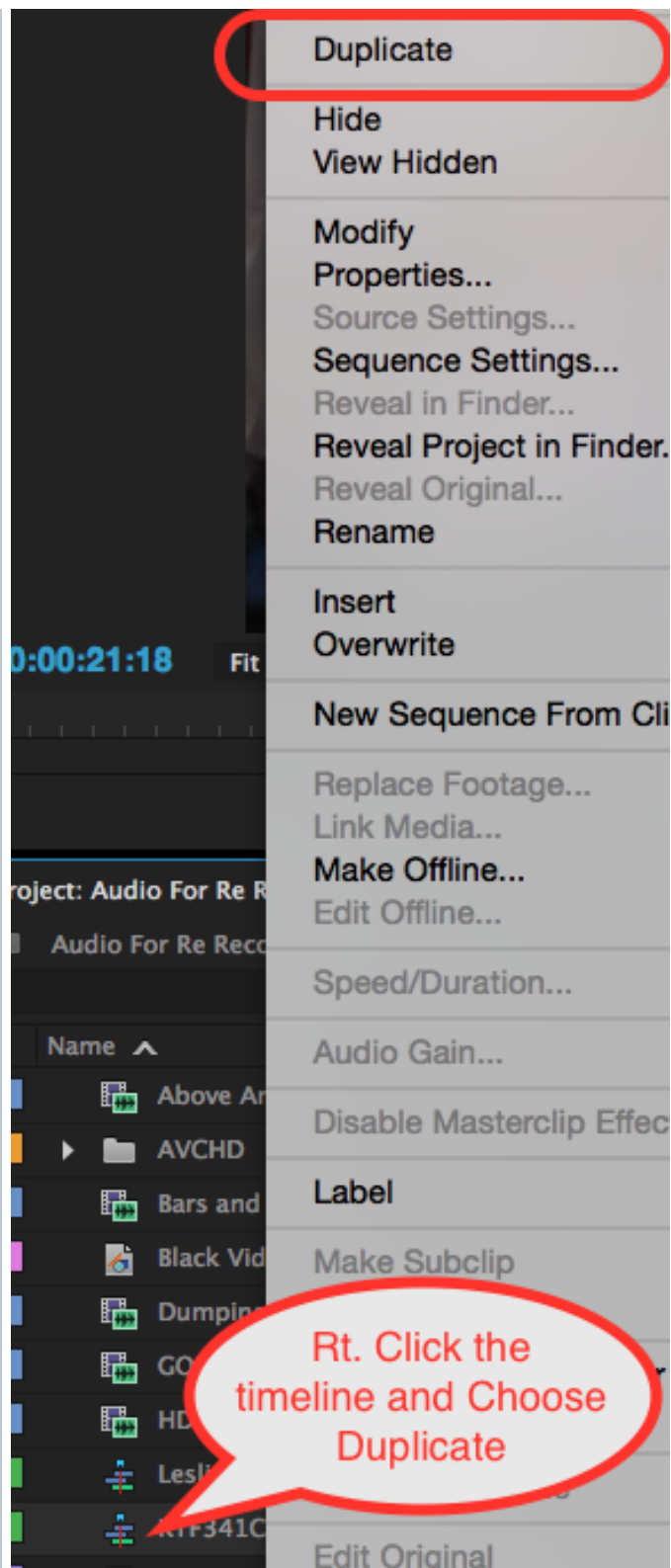
Adobe Premiere Pro - .aaf Audio and QuickTime Export for ProTools Mix

This wiki doc will explain how to prepare and export your "PICTURE LOCKED!!" timeline for use in a ProTools Project.

Open your Final Premiere Pro Project and select your final Picture Locked Timeline.

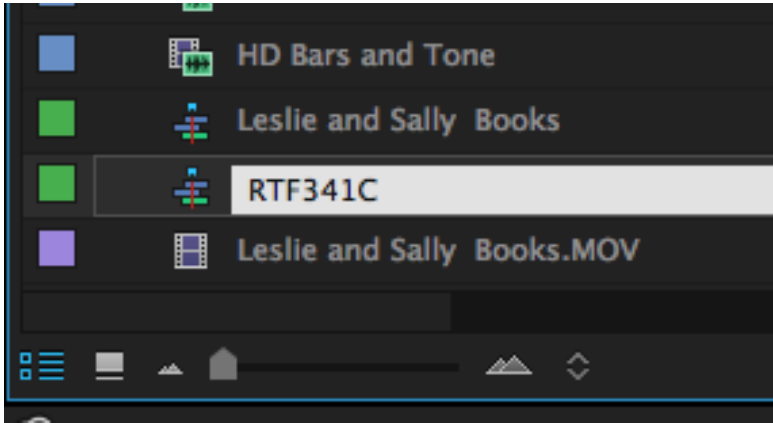
D o w n l o a d t h e s e t w o f i l e s C o u n t d o w n a n d U n i v e r s a l T a i l L e a d e r	Countdown - ProRes.mov Universal Tail Leader.mov

Duplicate your Timeline in that you will be prepping for export to Pro Tools

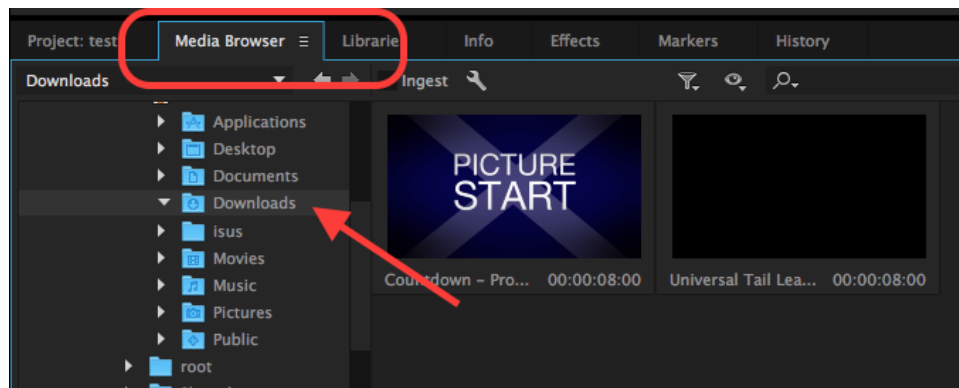


Select the timeline > Right Click it and choose > Duplicate

Rename the copy of the timeline so you can easily identify it.



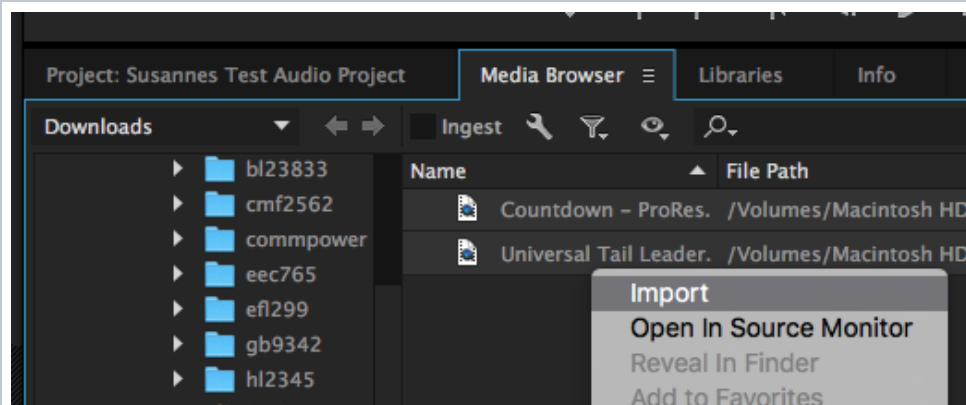
Click on the Media Browser Tab



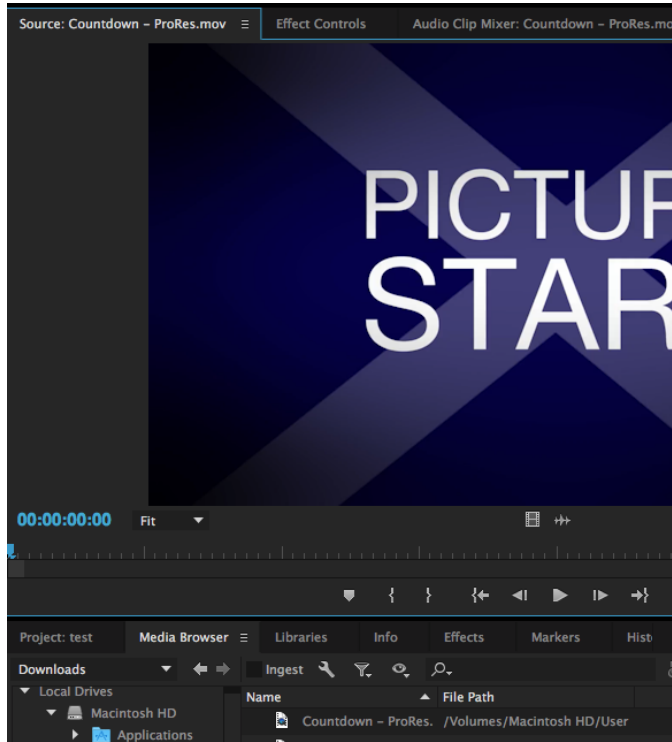
Navigate to the Countdown and Universal Tail Leader files that were downloaded

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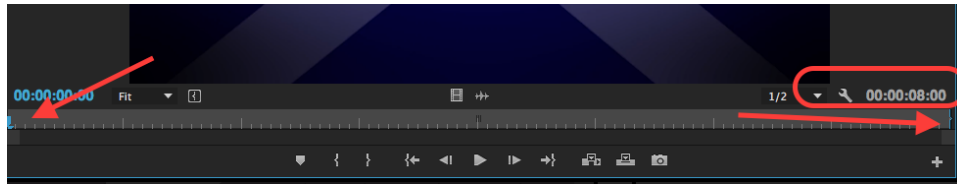
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Double click the Countdown - ProRes.mov file to load it into the source monitor.



Mark the entire clip.

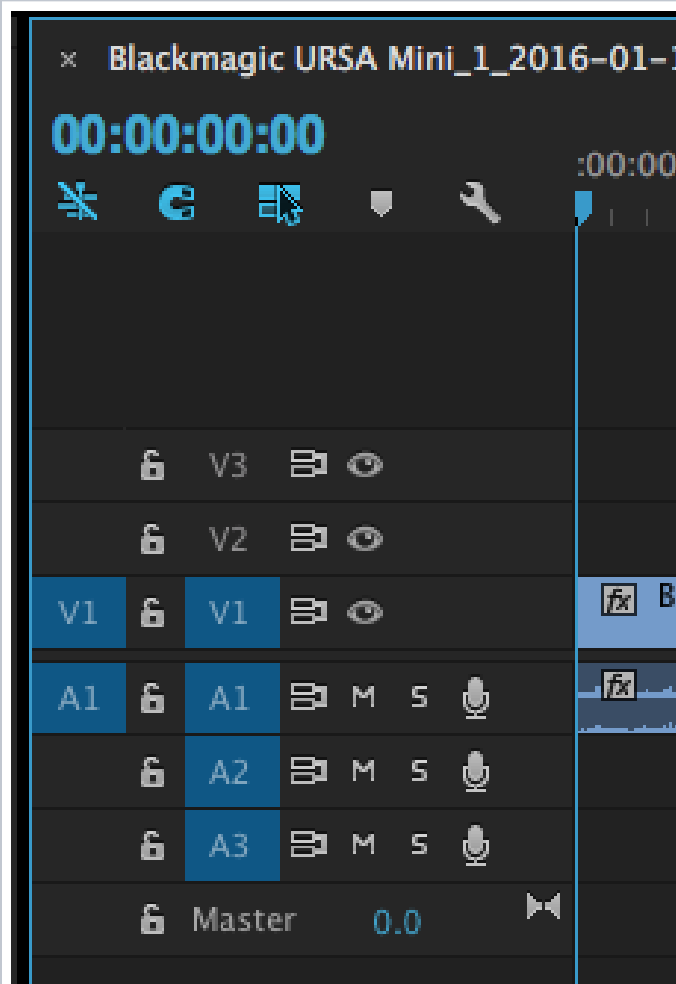


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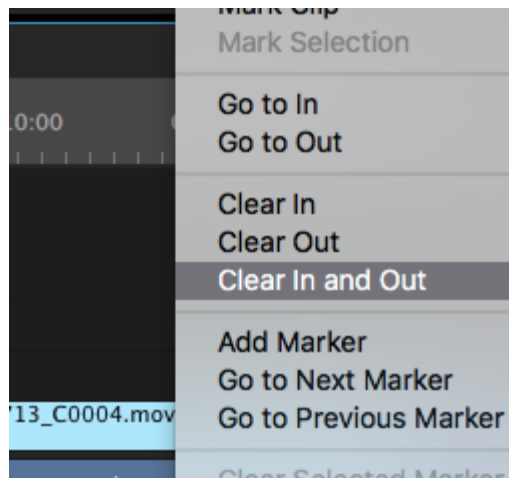
Go to the head of the clip and mark a n in p o i n t a n d go to the e n d of the clip a n d mark a n d o u t p o i n t.

The duration should be 8:00 seconds

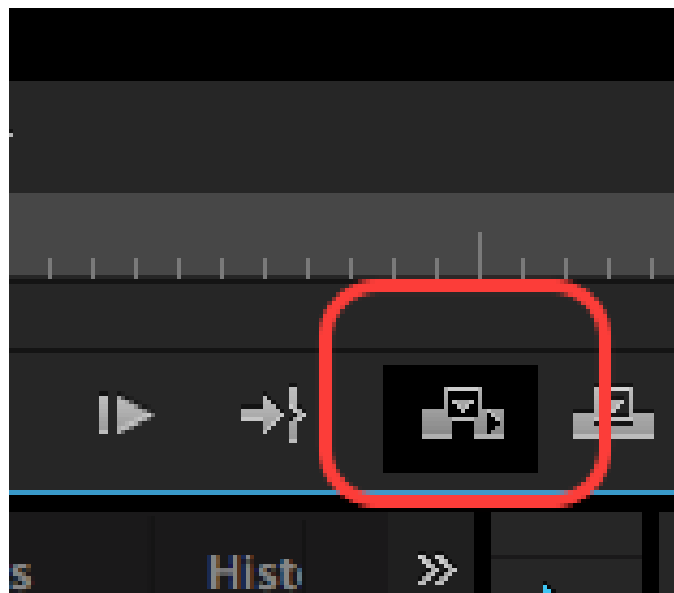
Place the timeline indicator at the head of the timeline



Make sure there are no annotations yet other in our output points in the timeline. Right click on the timeline on the ruler and choose Clear In and Out

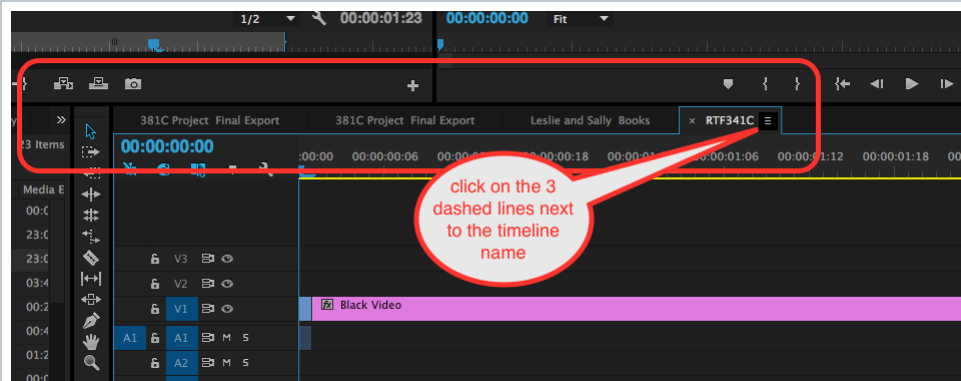


On the source side, click the Insert icon or the "command" key on the keyboard to insert the



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Select the timeline to modify in the "Timeline" window



click on the 3 dashed lines next to the name

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Close Other Panels in Group

Close Other Timeline Panels

Panel Group Settings

Work Area Bar

Show Audio Time Units

☒ Audio Waveforms Use Label C

☒ Rectified Audio Waveforms

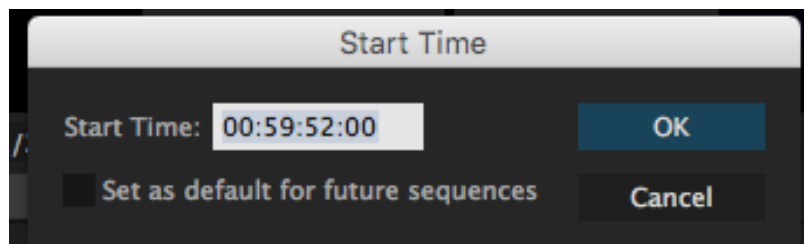
☒ Logarithmic Waveform Scaling

Logarithmic Keyframe Scaling

☒ Time Ruler Numbers

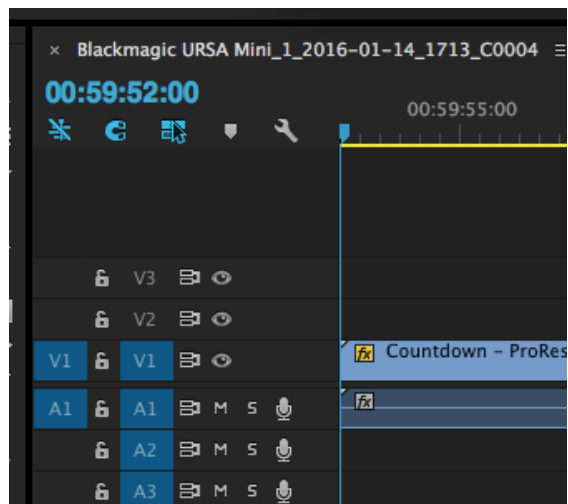
Start Time...

type in 5:52:00 and select OK

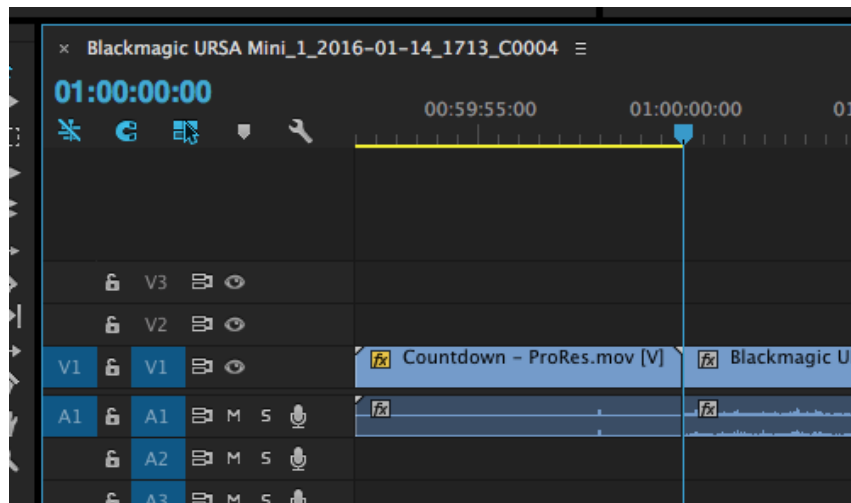


you don't have to type in the decimal as they will be added automatically. Click OK

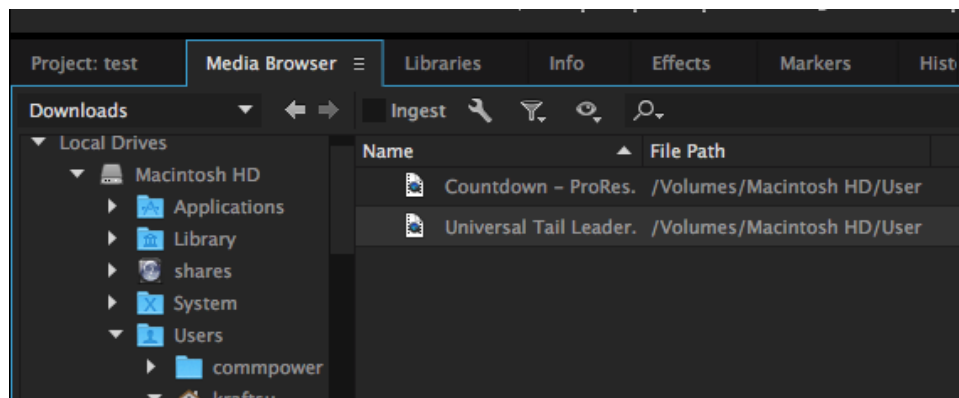
Notice that now the timeline starts at 00:59:52:00



Make sure that the first picture starts at 01:00:00:00



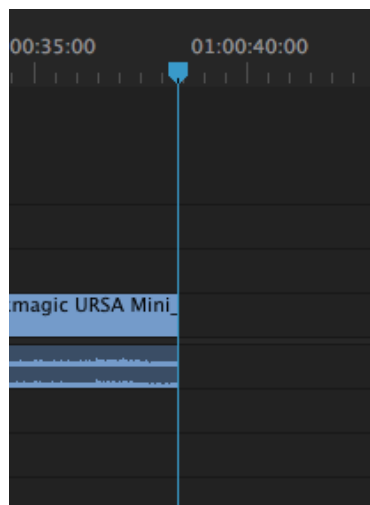
Next load the Universal Tail Leader from the Media Browser



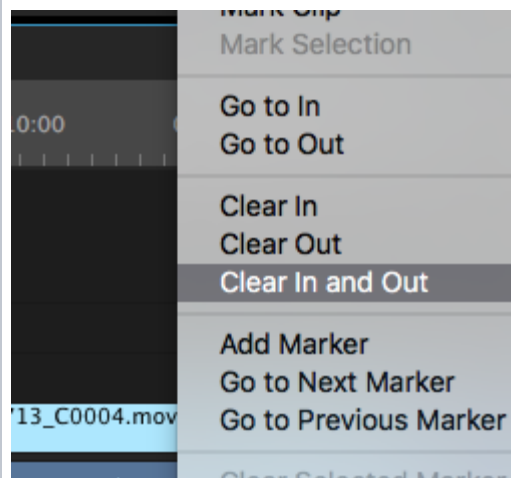
Mark the entire clip. Go to the head of the clip and mark an in point and go to the end of the clip and mark an out point.

The duration should be 8:00 seconds

Put the timeline in indicat or at the end of the timeline

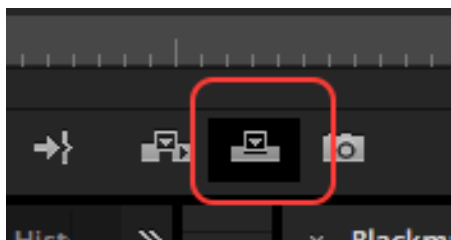


Make sure there are no annotations yet other in our output points in the timeline. Right click on the timeline on the ruler and choose Clear In and Out

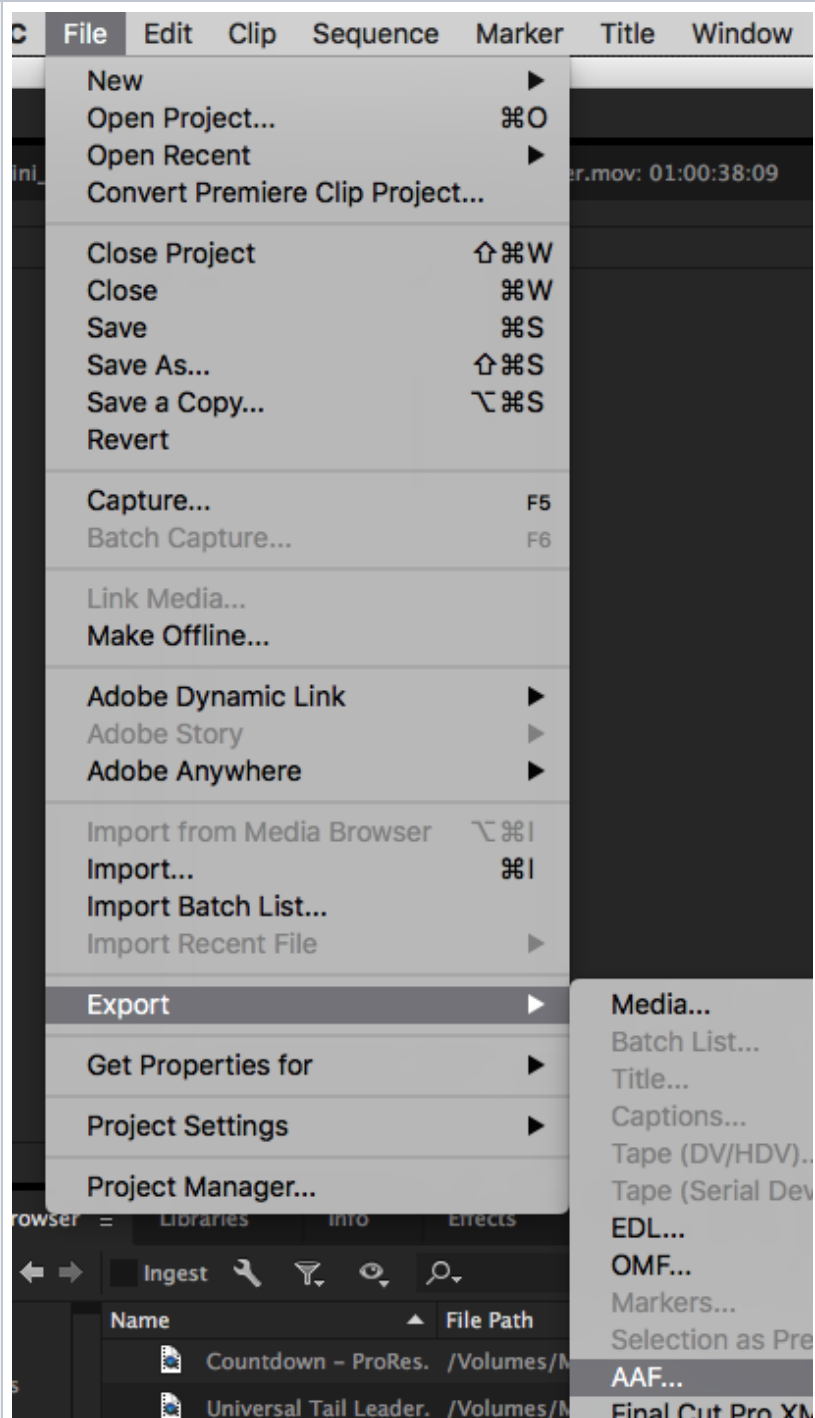


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Next Select the Timeline Window > go to File > Export > AAF



Check the Breakout Enable

Sample Rate 48 and 24 Bits

Choose to Embed Audio

Change the Format to Broadcast Wave

AAF Export Settings

☐ Mixdown video

☐ Use tape sources when present

Breakout to Mono

☒ Enable

☐ Render audio clip effects

☐ Include clip copies without effects

Sample Rate:

48000

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Bits per Sample:

24

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Files:

Embed Audio

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☐ Preserve media directory name

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Broadcast Wave

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Trim Audio Files

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Handle Frames:

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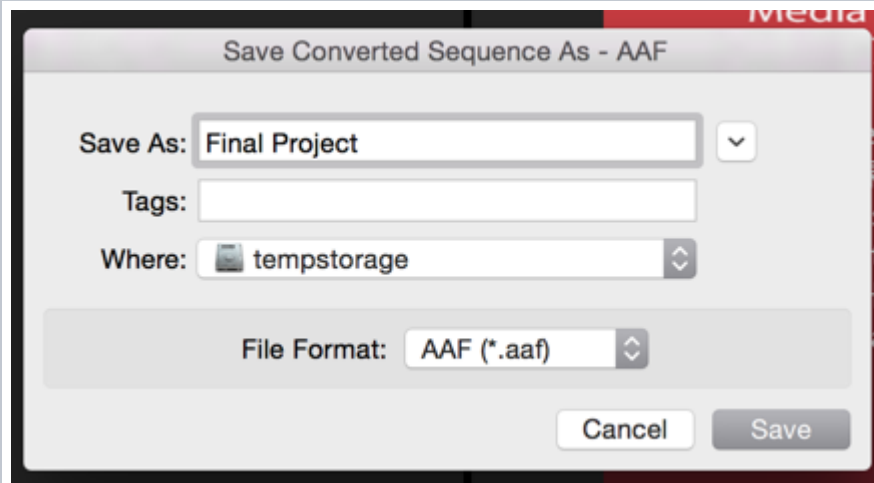
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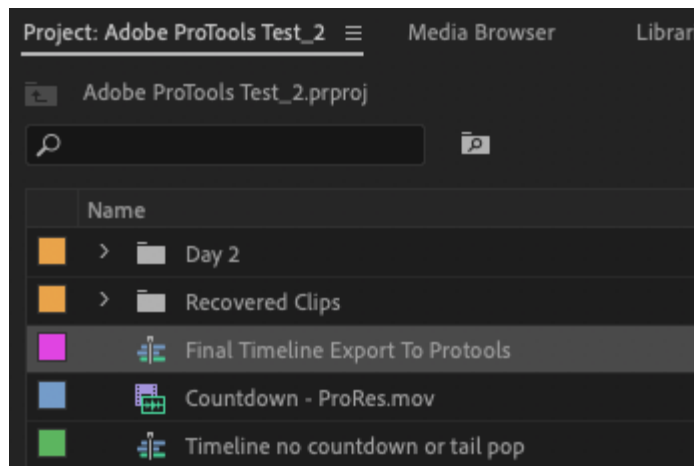
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Next Export the QuickTime "Class" Movie

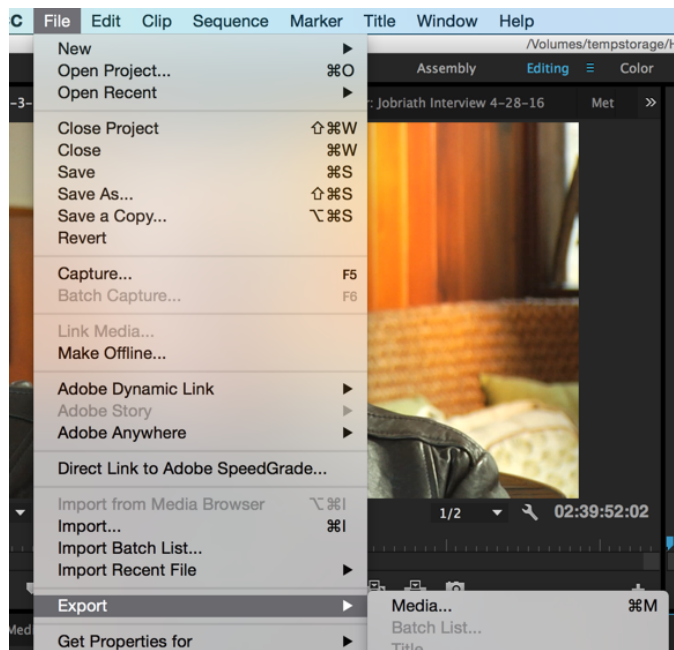


Right click the timeline you want to export

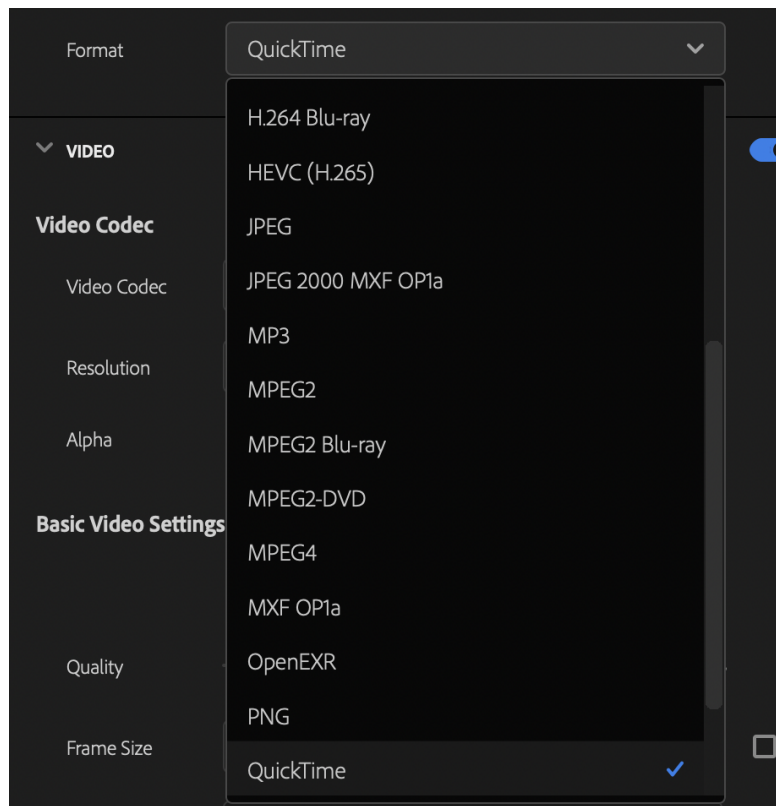


Or

Go to > File > Export > Media



Choose Format QuickTime



Present Setting source won't work we will have to make a custom setting.

Match Source (Rewrap)

GoPro CineForm RGB 12-bit with

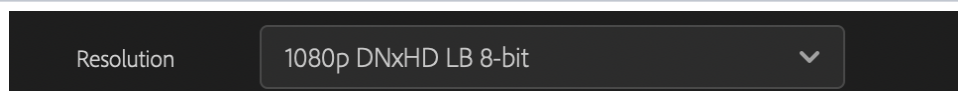
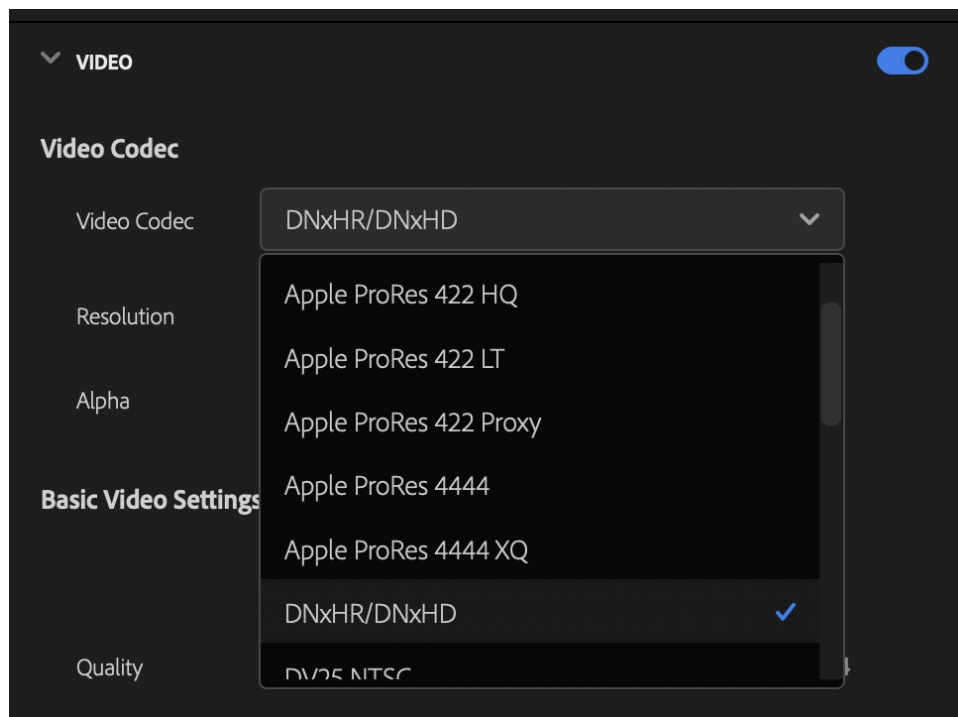
- GoPro CineForm RGB 12-bit with

GoPro CineForm YUV 10-bit

NTSC DV 24p

But in the meantime, I'm choosing to go through what everyone's doing so we can modify it

Click on the Video tab and choose the Video Codec as DNxHR / DNxHD



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before you install. Then R-Open Premiere

Windows DN x HDCodec

Mac DN x HDCodec

Go to Video > Basic Video Settings

Basic Video Settings

Match Source

Quality

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Frame Size

Full HD (1920 x 1080)

Frame Rate

23.976

Field Order

No Fields (Progressive Scan)

Aspect

Square Pixels (1.0)

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HDR Graphics White (Nits)

203 (75% HLG, 58% PQ)

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Save As

Save As: final project

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File Format:

Video Files(*.mov)

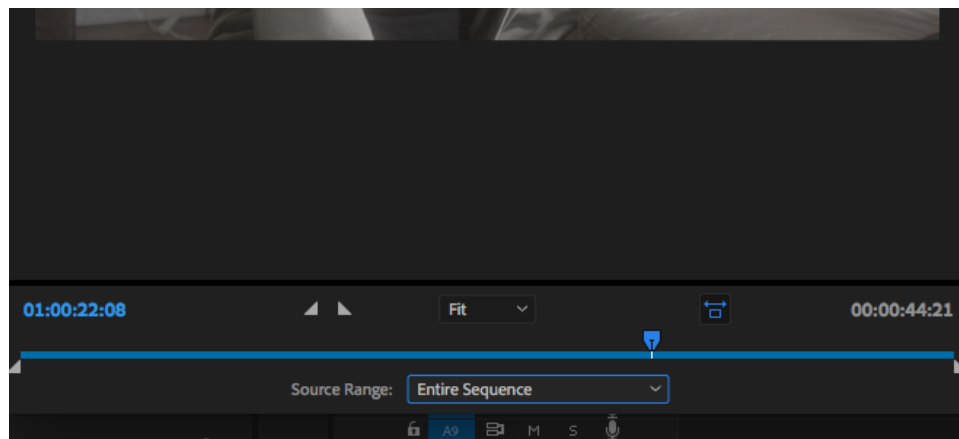
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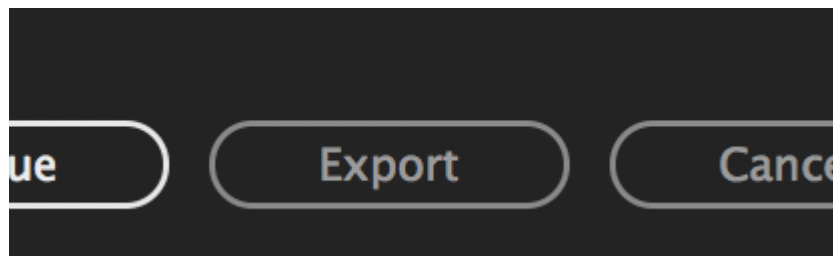
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Adobe Premiere Pro - .omf Audio and QuickTime Export for ProTools Mix